



Medical Termination

Medical Termination of Pregnancy

A pregnancy may be medically terminated when it is intrauterine and up to 63 days (9 weeks) gestation.



Four clinic appointments are necessary to complete a medical termination of pregnancy (MToP).

First consultation

This will be a 45-minute appointment with a clinician to make arrangements for and discuss

- Your options, counselling services, and the process of medical termination
- Your medical history and the date of your last menstrual period
- A referral for an ultrasound scan to check the age of the pregnancy
- A blood test if required
- A test for sexually transmitted infections (STIs), such as chlamydia
- Your future contraception

Second consultation

This will be a 60-minute appointment with a doctor who will:

- Check the results of any previous tests including the ultrasound scan, blood tests and STI screen
- Provide you with antibiotics if the STI test is positive
- Provide you with the medication to end your pregnancy
- Provide you with painkillers to help minimise the discomfort of the termination process, and wafers to help with nausea and vomiting
- Discuss the symptoms and side effects to expect after taking the medications
- Discuss when to call the 1800MEDICARE Health number for advice or when to go to the hospital emergency department
- Discuss/provide future contraception – the Depo Provera injection, Implanon rod or The Pill can all be provided now
- Arrange follow-up reminders and appointments that may include:
 - An SMS reminder 3-5 days after taking the medication.
 - Blood tests to check hormone levels, depending on how pregnant you are.
 - A phone appointment with a clinician 1 week later to check how you are going.
 - A face-to-face or phone appointment with a clinician in 4 weeks



Third consultation

This will be a 15-minute appointment with a clinician 1 week after the MToP to discuss:

- Your bleeding experience and any symptoms of concern
- Blood test results, if collected
- Resolution of pregnancy symptoms
- Your emotional wellbeing

Fourth consultation

This will be a 30-minute appointment with a clinician 4 weeks after the MToP to discuss:

- Your bleeding experience and any symptoms of concern
- Your future contraception and any further scripts or procedures that may be required
- A urinary pregnancy test. If the urine test is not conclusive, an ultrasound will be arranged.

Cost

The MToP consultation cost is \$350. Some Medicare rebates may apply. The fee needs to be paid before you see the doctor at the 2nd visit. For Medicare cardholders, this fee includes:

- The second, third and fourth consultations
- Referrals and relevant written resources

Medication costs are additional and will be discussed at the initial consultation.

The following services may be bulk billed depending on the provider and your location:

- Ultrasound scan
- Blood tests

Please note: Non-Medicare cardholders may be charged additional fees for the 4 visits, pathology and radiology services.



For more information on **women's health**, please visit:
true.org.au

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