

Everybody Needs To Know Program

## Special offer



**Student Education Package**  
valued at \$3500

**FOR ONLY**  
**\$550** + GST

### Relationships & Sexuality Education (RSE) for students with special needs

The program includes:

- A planning meeting with school leadership
- 2-hour professional development session with staff
- 1 hour parent/carer information workshop
- Delivery of 4 x 1 hour education sessions for students with disability aged Prep – Year 12
- Free outreach to rural and remote areas

All sessions are modelled on the Australian National Curriculum and have been modified to be accessible for students with special needs. This program is offered to special schools and students in SEP's (special education programs).

Please note: Students are taught in their usual class groups with the classroom teacher and support staff present.

THIS PROGRAM IS SUBSIDISED BY:



Proudly supported by the  
Department of Education



## contact us

Queensland wide

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[true.org.au/education/allschool](http://true.org.au/education/allschool)

For more information,  
pricing and locations, please visit  
[true.org.au/education/allschool](http://true.org.au/education/allschool)

V4 190807 ABN61 009 860 164 Family Planning Queensland



All School Program

*Special Education*



[true.org.au/education/allschool](http://true.org.au/education/allschool) (07) 3250 0280

## The True All School Program

For students with disabilities, the True All School Program provides a unique, 'age-and-stage' approach to the delivery of relationship and sexuality education. It promotes personal safety and healthy relationships, critical to personal well-being and community capacity.

This is important because students who experience limited social opportunities or challenges accessing information are more susceptible to poor relationships and sexual health as well as sexual abuse and exploitation.

### Learning outcomes:

- Personal safety skills, including safety networks
- Inclusion in education programs
- Communication, decision-making and relationships
- Healthy and appropriate social/sexual behaviours
- Understanding of puberty, reproduction and birth
- Sexual health, safer sex practices and contraception

## True's approach

True has been trusted by schools, families and community groups across Queensland for over 40 years. True's approach to education involves respectful facilitation, free of discrimination and mindful of the diversity in families and relationships.



## Primary

### A. Personal safety

- Keeping safe from abuse and exploitation
- Learning the rules about touch
- Safety networks
- What to do if you don't feel safe
- The No-Go-Tell safety plan

### B. Public and private

- Public and private body parts, behaviours and places
- Masturbation\*

### C. Learning about feelings

- Identifying different types of feelings
- How to recognise when not feeling safe

### D. Puberty and body changes\*

- Physical, social and emotional changes
- How to manage changes of puberty
- Personal hygiene
- Menstrual management
- Wet dreams
- Changing feelings

### E. Healthy relationships\*

- Types of relationships
- Types of touch in relationships
- Seeking help

\*Senior primary school only

## Secondary

### A. Personal safety

- Keeping safe from abuse and exploitation
- Consent
- Safer online behaviour
- Safe dating
- Seeking help

### B. Public and private

- Public and private body parts, behaviours and places
- Sex and the law

### C. Puberty refresher

- Revision for students who develop later or require further support with managing puberty

### D. Keeping sexually healthy

- Negotiation skills for relationships
- Decision making and consent
- Assertiveness skills
- Sexual relationships\*
- Contraception and safer sex\*
- Sex and the law\*

### E. Healthy relationships

- Types of relationships
- Seeking help

\*Senior secondary school only

Modelled on the achievement standards of the Australian National Curriculum