



# Creating the future

Annual Report  
2010/11



Family Planning Queensland  
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# FPQ 40th Annual Report



Member of Sexual Health and Family Planning  
Association Inc (SH&FPA)

Affiliated with the International Planned  
Parenthood Federation (IPPF)

## Acknowledgements

FPQ acknowledges the generosity of members and the community, particularly our 13,004 clinic clients and the following individuals and organisations who made a cash or in-kind donation this past year: Alastair Cole, Karen Murdoch, Ralf Sieberer, Janelle Weissman, Susan Wilson; and International Health & Medical Services, Outside the Lines, Vantage Prop Group and McCullough Robertson.

FPQ also thanks the below entities for their support and financial contributions.



**Australian Government**  
**Department of Health and Ageing**



Queensland Health  
Department of Communities  
Department of Communities – Disability Services  
Department of Communities – Multicultural Assistance Program  
Department of Employment, Economic Development & Innovation  
Gambling Community Benefit Fund



Non School Organisations (NSO) Program,  
Department of Education and Training

**RioTinto**

RioTinto Aboriginal Fund



**Mission Australia**



**CSL Biotherapies**



Queensland Child Protection Week Committee



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The mission of FPQ is to promote and achieve sexual and reproductive health for all through excellence in clinical services, education, research, advocacy, and by influencing policy development.

**FPQ's key values:**

Respect for others  
Social justice  
Professionalism  
Innovation  
Courage  
Openness & honesty

**Vision statement:**

Sexual and reproductive health for all.

## About us

**The first FPQ clinic opened in Fortitude Valley in March 1972 with the help of volunteer members. Voluntary committees established services in Cairns, Townsville, and Rockhampton later in 1972, and at the Gold Coast the following year. In 1974, with funding provided by the Commonwealth government, clinics opened in Ipswich and Mt Gravatt. The Toowoomba and Sunshine Coast centres were established in 1986 and 1989 respectively.**

Today FPQ works in nine regional centres located in Cairns, Townsville, Rockhampton, Bundaberg, Sunshine Coast, Brisbane, Ipswich, Toowoomba and the Gold Coast. From these sites, FPQ provides a range of clinical, education, training, information and resources in the area of sexual and reproductive health.

FPQ is a member of Sexual Health & Family Planning Australia (SH&FPA). SH&FPA is a national federation of independent state and territory organisations committed to sexual and reproductive health. SH&FPA is engaged in networking and advocacy around key national issues.





# Join us

**FPQ has been a membership organisation from its early days and establishment. Our members advocate for sexual and reproductive health, sexuality and relationships education in schools, and a woman's right to choose, among other issues of key concern. Our members lead the way to ensure the issues that motivated the creation of FPQ in 1972 stay on the agenda - particularly when it comes to health reforms and policy change.**

The 2010 AGM, held in November, was particularly special given FPQ co-founders Marjorie Millburn, June Morris and Alan Blunt were all in attendance.

We have recently introduced a few initiatives in hopes of reenergising our existing members, and to encourage new members to join FPQ.

In 2011-2012, with FPQ's upcoming 40th birthday celebrations, there will be more opportunities to convene to share ideas, and to connect with issues core to FPQ and our members.

Contact Jo-Anne McCarthy at [ea@fpq.com.au](mailto:ea@fpq.com.au) or 3250 0240 if you would like more information about becoming a member of FPQ.



Photo l to r: Maryanne Hambrecht with founders Marjorie Millburn, Alan Blunt and June Morris

# Support us

**The majority of FPQ's funding comes from Queensland Health, a department of the Queensland Government. With this funding, FPQ provides a range of clinical, educational and training activities and resources on sexual and reproductive health.**

FPQ is additionally funded by other departments of the Queensland Government to coordinate specific projects, ranging from providing support to parents and carers of children with

disabilities to the counselling services provided to children and families by the Cairns Sexual Assault Service.

FPQ supplements grant revenue through education, clinic and training service fees; resource and product sales; and venue hire. FPQ also appreciates donations from individual members and donors.

While some people may wish to join FPQ as a member, others may wish to show their concern for sexual and reproductive health services and education by making a tax deductible donation to FPQ. Donations can be made by calling FPQ on 3250 0240, or on our website [www.fpq.com.au](http://www.fpq.com.au).

You may wish to leave a legacy in support of sexual and reproductive health for all by remembering FPQ in your will.

## Member benefits

Members who contribute \$30 or more per year receive the following benefits:

- a free subscription to the FPQ eNews, FPQ's quarterly newsletter
- discounted room bookings at the FPQ offices in Fortitude Valley
- one free copy of the Sexual and reproductive health and BBV resources CD (upon request)
- the opportunity to participate in our Annual General Meeting (AGM) of members
- exclusive invitations to special FPQ events throughout the year
- access to the FPQ Resource Centre in Brisbane, including resource loans and support from our librarian, every Tuesday



Please contact us on 3250 0240 for more information.

FPQ is endorsed as a deductible gift recipient and tax concession charity by the Australian Taxation Office. All donations over \$2.00 are tax deductible.

# A year in review

**During 2010-2011, FPQ increased our focus on meeting the sexual health needs of young people through our clinics; revised and created new resources; built the evidence base to support best practice sexual and reproductive health care and education; and expanded training for educators, community professionals and clinicians alike to deliver quality care, support and education in sexuality, relationships and sexual and reproductive health.**

While the natural disasters of early 2011 brought devastation and despair to much of the state, thankfully FPQ's regional centres sustained minimal damage and got back to the business of serving our clients within one week of the floods and cyclones.

FPQ successfully completed our first Enterprise Agreement in July 2011. The staff driven Consultative Committee gave freely of their time to develop the terms and conditions for the agreement and are to be congratulated. This agreement helps ensure FPQ is an employer of choice with positive working conditions and a supported staff.

The Board of Directors experienced some change, with Dominique Grigg and Dr Bruce Dunphy stepping down. The Board has casually appointed four energetic and experienced Directors including: Fiona Vaughn, Dr Lisa Nissen, Helen Moore and Prof Scott Kitchener. They will seek formal appointment at the October 2011 Annual General Meeting (AGM) of members.

FPQ has expanded our training, professional development and course offerings to everyone from teachers to nurses, disability workers to doctors.

Our workforce development programs are designed to better equip professionals with tools and information they need to respond to the sexuality and relationships education and sexual and reproductive health needs of the people they serve. We have supported 25% more people in the area of workforce development this year compared to last year.

Staff dedicated time to develop new resources and conduct pioneering research. For example, *Connections* is a DVD and workbook to help general practice staff to increase understanding and better enable them to work effectively with young people. The *Evidence Briefings* series collated the literature to support the case for sexuality and relationships education in schools from the viewpoints of those involved (parents, young people, and coming soon – teachers). The *Choosing abortion* brochure provides information for women on medication and surgical abortion options. And the Traffic Lights guide, *Is this normal? Understanding your child's sexual behaviour* will serve as an important resource to support children's healthy sexual development, and help parents understand what's normal and healthy and what's not - and who to talk to when they want help.



320,000

website hits at  
[www.fpq.com.au](http://www.fpq.com.au)

26

new staff  
appointed

Workforce Development Participants	2010-2011 Total
Medical Practitioners	2523
Nurses	434
Teachers	1724
Indigenous Health Workers	567
Disability Workers	1582
Allied Health Workers	11476
Other Non-Health Workers	6504
Medical Students	98
Nursing Students	74
Teaching Students	300
Other Tertiary Students	270
Grand Total	25552

# view

**25,552**  
participants in  
FPQ training

**3**  
regional centres  
redeveloped



## Looking forward

We are excited to release our Strategic Directions at the 2011 AGM, and to introduce an excerpt, below, as we look to the future.

Moving towards our vision of sexual and reproductive health for all, over the next three years, FPQ will work to:

- Create conversations and inclusive responses to sexuality, particularly the healthy sexual development of young people
- Build the capacity of people working in Queensland to respond to sexual and reproductive health needs
- Drive ongoing clinical excellence in sexual and reproductive health
- Be responsive and relevant in developing our services and relationships
- Value and develop our people
- Renew our organisation to ensure a sustainable future

The changes underway as a result of the National Health Reforms offer FPQ challenges but also many opportunities. FPQ will continue to play a key role in ensuring sexual and reproductive health and sexuality and relationships education for all Queenslanders, as demonstrated by our work this past year, and in the work still to be done.

Community Education	Total Participants
Primary School children 12 yrs and under	14926
Young People (13-24yrs)	4251
People with a Disability	684
Aboriginal and Torres Strait Islander Peoples	894
CALD People	2435
General Public	2890
Other Targeted Groups	986
Parents	1971
Women's Groups	138
<b>Grand Total</b>	<b>29175</b>

Clinic Consultations	Totals
Number of Clients	13004
Number of Visits	20870

Age of Clients	Totals
Under 15	0.75%
15-19	11.85%
20-24	15.69%
25-29	14.60%
30-34	11.78%
35-39	10.80%
40-54	25.48%
55 Over	8.90%
Not Given	0.15%
<b>Totals</b>	<b>100%</b>

Clinic Services	Totals
Contraception	41.58%
STI	7.79%
Gynaecological	40.45%
Pregnancy	2.66%
Other	6.32%
Unknown	1.20%
<b>Totals</b>	<b>100%</b>



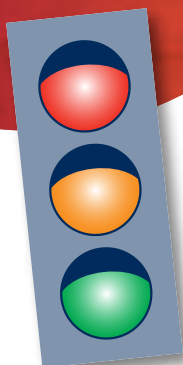
# Is this normal?

**A guide for parents and carers to understand sexual behaviour in children and young people using the Traffic Lights framework.**

//

I just feel like I'm in the dark. We didn't talk about sex when I grew up. I just want to know if what's happening with my child, what they are doing, is normal. I just want to know what to do.

//



Most parents and carers seek information and support about raising their children as they grow and develop. They talk to friends, their own parents and families, teachers, health professionals, helplines or counsellors about issues to do with diet or tantrums, sleeping, bullying, discipline, friends, relationships, internet and media. Supporting children's healthy sexual development is just another part of parenting, yet many parents are unsure about what's normal and healthy, and what's not, or who to talk to when they want help.

Following the success of the Traffic Lights framework in the professional sector, FPQ is writing a resource specifically for parents and carers. When parents and carers understand sexual behaviours, it is easier for them to respond in positive and supportive ways and to take action if concerns or problems occur. Children and young people can achieve more positive

outcomes when their parents and carers are actively involved in ongoing conversations, planned education and support programs.

Over the past year FPQ has been in the consultation and development phase of this new Traffic Lights book for parents and carers. We have undertaken a comprehensive review of the literature and emerging research on the sexual behaviours of children and young people. We have consulted widely with parents, carers and professionals and also liaised with the broader health and education sectors. We have met with workers from early childhood, adolescent health, child protection, sexual assault, foster and kinship care, disability and community support services. This collaborative process has underpinned the development of this much needed parent resource which will be published before the end of 2011.

## Connections helps GPs work effectively with young people

This past year, FPQ received a Rural Health Continuing Education Grant to produce a DVD learning resource and deliver three Train the Trainer workshops for GP educators in partnership with Health Workforce Queensland. Aptly called *Connections*, the DVD and accompanying workbooks are designed to support the provision of sexual health care to young people in the general practice setting.

*Connections* was developed to assist general practice staff to increase understanding to enable them to work more confidently with young people. It specifically targets international medical graduate GPs who have repeatedly asked FPQ for further education in this area.

The DVD includes scenarios which explore a range of issues relevant to sexual and reproductive health consultations with

young people in general practice. These topics include effective communication strategies, talking about confidentiality, medico legal issues, and appropriate referrals and resources. The resource contains a DVD and CD with a facilitator's guide, notes and a participant workbook.

The Train the Trainer workshop is designed to provide resources and support to a network of general practice leaders who will champion the use of the resource in a range of ongoing learning activities -- including workshops, seminars, small group learning and self directed learning across Queensland.

Throughout 2011, the Health Workforce Queensland Medical Education and Training Team will coordinate learning sessions and liaise with Rural Divisions of General Practice to support continued education.





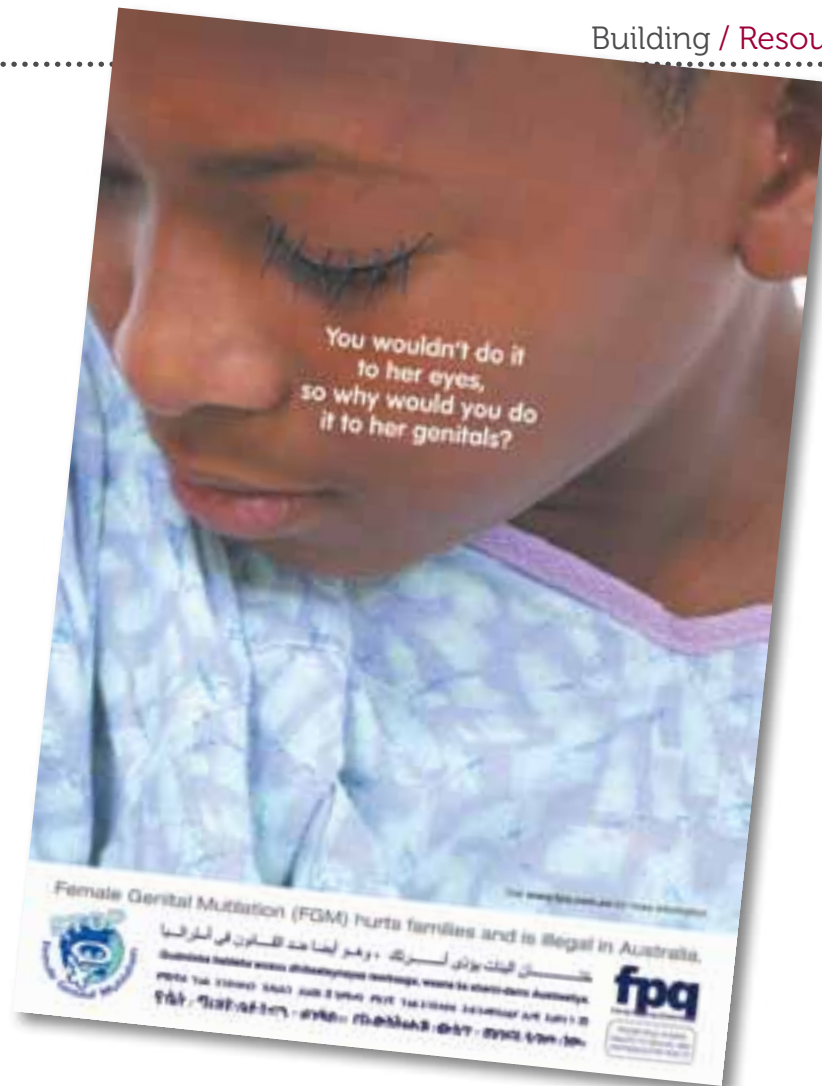
## Every body needs to know revised edition

This year we were pleased to launch an updated edition of **Every body needs to know**, our sexuality and relationships education resource for teaching people with a disability.

With topics ranging from bodies and puberty to decisions about sexual relationships, *Every body needs to know* is a comprehensive package that supports professionals to talk with people with disabilities about making safe, informed and healthy choices.

The resource recently celebrated its tenth birthday and it was time for a revamp. Based on feedback from service providers and schools the new edition has been produced electronically. The worksheets and lesson plans can now be printed out as needed and the resource is able to be transported with ease. Still available in the update is one of the most popular features of the original learning package: the 295 hard copy picture cards that support each lesson plan.

This updated resource has been well received by professionals in the education and disability services sectors.



## New Multicultural Women's Health Education Project poster and CD



This year has seen FPO's Multicultural Women's Health Education project create several new campaign resources. The project aims to prevent the practice of Female Genital Mutilation (FGM) and increase affected women's access to information and services to enhance their sexual and reproductive health.

A new poster was developed to convey the message to women and men that FGM is a dangerous and damaging practice. To complement the poster, an audio CD has been created. The CD, *Breaking the chains*, features women from diverse cultural backgrounds sharing their personal stories about how FGM has impacted their lives.

With a fourteen year history, the project relies on an advisory committee made up of women from many of the regions around the world where FGM is practiced to oversee and guide the project's activities and campaigns. The project and resources, like the poster and audio CD, play a vital role in the community to advocate for, and empower women whose lives and health have been affected by FGM.

# Support for foster and kinship carers in Queensland

During the year, FPQ worked in partnership with Department of Communities, Child Safety Services to produce resources to support foster and kinship carers to have conversations about sexuality and relationships with the children and young people in their care.

Children and young people with a care experience have poorer sexual health outcomes than their peers. However, we know that if children and young people in care were able to receive sexuality and relationships education, they would be more likely to make informed and healthy decisions in their relationships and sexual lives.

The resources developed through the project include information sheets for carers about communicating with children and young people, puberty, and sexual behaviours. They are available at the Department of Communities, Child Safety Services website [www.communities.qld.gov.au/childsafty/foster-care/resources-and-publications/carer-info-sheets](http://www.communities.qld.gov.au/childsafty/foster-care/resources-and-publications/carer-info-sheets)

FPQ also updated six advanced training modules that comprise the Positive and Protective Series. Advanced training is provided to foster and kinship carers as part of ongoing skill and knowledge development. These modules focus on how to support self protection skills for all children and young people, including those with a disability. There are also modules focusing on puberty, and on supporting healthy sexual behaviours in children and young people.

To view the Positive and Protective Series visit [www.communities.qld.gov.au/childsafty/foster-care/carer-training/foster-carer-training/advanced-training/protective-behaviours-series](http://www.communities.qld.gov.au/childsafty/foster-care/carer-training/foster-carer-training/advanced-training/protective-behaviours-series)



**Carers can contact their regional Placement Services Unit (PSU) through their local Child Safety Service Centre to enquire about session times.**

**Alternatively, carers can enquire whether their non-government foster and kinship care service has included this training in their schedule.**

**If session times aren't scheduled just yet, this training can be requested through either of these avenues.**



# Sexual and Reproductive Health Resource for Aboriginal and Torres Strait Islander Health Workers Project

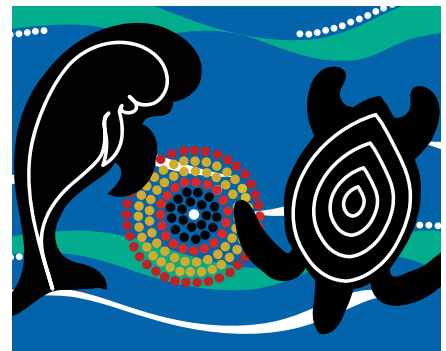
This project, funded by Queensland Health, is developing a resource to support Health Workers to inform and educate Aboriginal and Torres Strait Islander young people aged 10-24 about sexual and reproductive health issues.

So that the resource best meets the needs of the workers who will be using it, extensive consultation was undertaken to develop the resource. Surveys were distributed to 60 Health Workers, and 12 focus groups were held with 51 workers and 45 young people attending in regional and remote communities throughout Queensland.

A reference group was formed and meetings held to share and discuss the information collated by FPQ.

The completed resource will be available late in 2011, and will include artwork by local Aboriginal and Torres Strait Islander artists. The resource is designed to accompany the Queensland Aboriginal and Torres Strait Islander Health Promotion Tablecloth Resource Kit, produced by Queensland Health Cancer Screening Services.

FPQ would like to thank everyone who has been involved with the development of the resource, especially Sharelle Eggmolesse for her enthusiastic and collaborative approach to her role as Project Officer.



## New Choosing abortion brochure

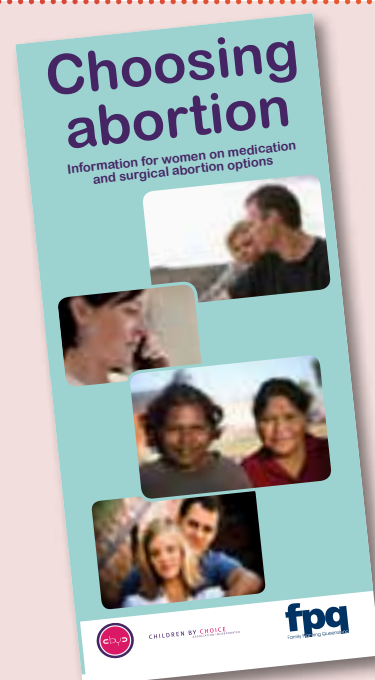
In collaboration with Children by Choice, FPQ released a new brochure, *Choosing abortion: information for women on medication and surgical abortion options* this year.

The brochure acknowledges that an estimated 1 in 3 women will have an abortion in their lifetime, and straightforward information about abortion choices can be hard to access. The brochure offers unbiased, easy to understand information about the types of abortions available and also highlights general issues for people to consider.

Children by Choice is the only agency in Queensland dedicated to providing unbiased information and counselling to women experiencing unplanned pregnancy.

They provide confidential decision making counselling and referral on all pregnancy options - abortion, parenting and adoption.

[www.childrenbychoice.org.au](http://www.childrenbychoice.org.au)



# Training strengthens workforce capacity to respond effectively to sexual and reproductive health needs in the community

**FPQ supports and engages professionals in clinical settings, and also those in classrooms, community workplaces and service sectors.**

FPQ professional development, training and education courses focus on three main categories of the workforce:

- 1 Nurses, doctors and other health professionals, with a focus on practice development in responding to sexual and reproductive health needs;
- 2 Teachers and others involved in educating children and young people, with a focus on practice development in designing and implementing sexuality and relationships education programs; and
- 3 Disability and community sector professionals, with a focus on responding to social and emotional wellbeing of the most vulnerable members of the community.



We recognise that more than 50% of the Queensland population does not reside in Brisbane. As a result, FPQ shows our commitment to supporting workforces in regional areas by offering training and professional development activities across the state, throughout the year.

While each training activity is designed to accomplish specific learning outcomes, by convening, engaging and challenging workforces in these learning environments, we are also helping establish ongoing networks of workers. These networks are made up of local peers and experts that workers may draw from for ongoing support and learning.

Ultimately, by supporting the development of more clinicians, community professionals and educators, FPQ consciously builds a broader coalition of people who are committed to sexual and reproductive health and sexuality and relationships education.

## **The 2011 training calendar for education, disability and community professionals includes:**

- *Teaching sexuality in a special needs context*
- *Understanding sexual behaviours in children and adolescents (Traffic Lights framework part 1)*
- *Understanding and responding to problem sexual behaviours in children and adolescents (Traffic Lights framework part 2)*
- *Developing organisational policy*

## **A sample of the 2011 training calendar for health professionals includes:**

- *SH&FPA certificate in sexual and reproductive health for medical practitioners*
- *Pap smear provider module*
- *Clinical aspects of sexual and reproductive health*
- *GP cervical screening workshops and practice based education*

FPQ staff have developed an expertise in customising training to meet the needs of individual organisations.



## General practitioner (GP) training

GP education continues to focus on the delivery of three Sexual Health & Family Planning Australia (SH&FPA) certificate courses per year, cervical screening training (6-8 workshops per year and practice based seminars), IUD insertion training and flexible delivery of a range of other workshops, conference presentations and clinical attachments.

The SH&FPA certificate was again offered in Townsville to GP registrars through our partnership with Tropical



Medicine Training consortium.

IUD insertion training continues to be in high demand. FPQ now has arrangements with several GPs plus Ipswich, Logan, QE2 and Bundaberg hospital gynaecology outpatient departments to provide the clinical component of this training program.

June 2011 also saw the introduction of a new insertion device for the contraceptive implant, Implanon NXT® and FPQ doctors have been extremely busy as trainers in sessions held for GPs provided by the manufacturer MSD.

## Nurse training

**There is no shortage of interest in expanding sexual health knowledge and skills as sexual and reproductive health care is embedding itself strongly within primary health. It is particularly exciting to see ongoing and expanding interest from nurses working in general practice.**

Throughout 2010-2011 FPQ continued to offer four nurses' courses with Royal College of Nursing Australia (RCNA) endorsement and accreditation:

- *Sexual and reproductive health theory* (a self directed learning package – theory only)
- *Pap smear provider module* (a three day theory course and three further days of practical training)
- *Clinical aspects of sexual and reproductive health* (a three day theory course)
- *Clinical attachment* (a 50 hour practical training course)

In the last year the *Pap smear provider module* was provided in Bundaberg, Toowoomba and Brisbane to 86 nurses and health workers from around the state. The courses were filled to capacity. Many of the nurses also completed the self directed learning package on sexual and reproductive health theory, with a small number completing all four of the courses.

With the number of applications for placement in these courses outnumbering the available capacity, a further two courses have been organised in 2011 to meet demand.



“

**I appreciated doing this course, both theoretically and clinically, through a facility that demonstrated very high standards in aspects of the course.**

October 2010 *Pap smear provider module* participant

”

## FPQ scholarship nurse program thriving

Another two nurses have completed the scholarship program which continues to strengthen the sexual and reproductive health workforce. These nurses can now participate as a highly functioning Advanced Practice Nurse and provide comprehensive assessment and care, and are authorised to supply medication and provide Pap smears.



### FPQ staff clinical facilitation package: supporting our clinicians as teachers

FPQ continues to support all our doctors and nurses in their provision of training to the many students, doctors and nurses undertaking clinical training and placements at FPQ. A tailored FPQ clinical facilitation package comprised of induction and support materials was finalised in early 2011. Clinical staff attended a facilitation workshop as part of the annual May meeting of senior clinicians from all regional FPQ centres.

# Faith and SRE: education staff development

**Over the last year, FPQ has actively pursued professional development opportunities to increase staff skills and understanding of the values and perspectives that faith based communities and organisations bring to sexuality and relationships education.**

By gaining a deeper knowledge of SRE in a faith context, FPQ seeks to increase the awareness and skills of our staff to work more effectively with the wide variety of education providers in Queensland.

FPQ commissioned a report and professional development opportunity from education consultant Damien Brennan to learn more about sexuality



and relationships education in faith based schools. Many of the groups with whom discussion and analysis took place were identified through Independent Schools Queensland and included the Lutheran Schools Network, Seventh Day Adventist system and Anglican schools. The Catholic education sector was also consulted and discussions with three large Queensland Dioceses were undertaken. Together, these organisations comprise the major providers of schooling to Queensland young people in the nongovernment sector.

The report made many helpful recommendations including the need to engage with other smaller faith based groups and non-Christian schools in order

to gain a wider perspective.

Gaining greater insight into the sociocultural and religious aspects impacting on the support and provision of SRE within Queensland schools will increase FPQ's capacity to work more effectively with faith based schools to provide inclusive and appropriate sexuality and relationships education to all Queensland students.

## Traffic Lights training expanded

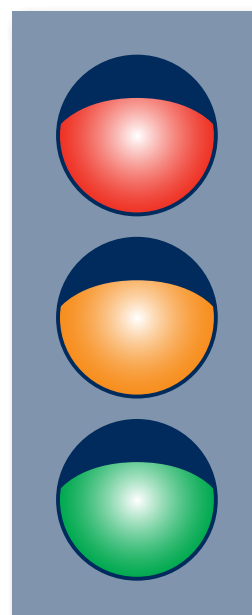
**The way adults interpret sexual behaviours affects how they respond to, support, and protect children and young people. The Traffic Lights framework helps parents, carers and professionals incorporate accurate information about sexual development with helpful tips, strategies and protective responses.**

This year FPQ has revised and updated professional development programs using the highly successful Traffic Lights framework. We now offer two accredited courses enabling participants to undertake a one day course *Understanding sexual behaviours in children and adolescents* (Traffic Lights part 1) or an additional course to respond to more complex situations: *Understanding and responding to problem sexual behaviours in children and adolescents* (Traffic Lights part 2).

Both courses have been offered as part of our busy 2011 training calendar. A good sign that we are responding to community need is the high numbers of professionals around the state registering for these events.

Participants have represented broad sectors from the community supporting the health and wellbeing of children and young people including: teachers and guidance officers from state and independent schools, family support staff, health workers, disability support staff, child protection and residential care workers.

The success which has come from the Traffic Lights framework has had a positive flow-on effect with the work we are doing with Queensland schools, specifically in professional development. We look forward to enhancing these relationships in 2011-2012 and beyond.





# Leading: Service development and client care



**FPQ's first clinic session was held in 1972. We are well aware that with only six clinics in the state, many people cannot access services at FPQ. We are committed to providing training to ensure doctors and nurses throughout Queensland have the skills necessary to provide quality sexual and reproductive health care, especially in communities where there is no FPQ clinic.**

We are also part of several state and national committees contributing to current standards in care, and to advocate for sound sexual and reproductive health policy. FPQ's commitment to resource development, from everything to factsheets about contraception to the *Connections* DVD, is another way we provide clinicians and clients with tools they need to make choices appropriate for them.

FPQ provides sexual and reproductive health services across the lifespan. Testimonials from our clients tell this story loud and clear.

//

## In her words, 30 years on

My women's health journey began with Family Planning, Ipswich approximately 30 years ago, as a very nervous 17 year old. I still recall going to the Outpatients at Ipswich Hospital for some minor illness and as an aside thought I'd just nonchalantly mention wanting to obtain the pill. I don't think my ploy went unnoticed but the doctor kindly referred me to Family Planning.

When I rallied enough courage I made an appointment at the Ipswich Branch... I was extremely nervous and embarrassed, but the staff/nurses

and GP treated me wonderfully and made me feel very comfortable, which is why 30 years on I still trust my contraceptive and women's health to Family Planning - even though I have a regular GP.

There have been location changes and ...changes in staff as well, but the one constant has always been the level of service and concern for my wellbeing. There have been times when I had thought Family Planning may close due to lack of funding and I can honestly say this has always concerned me, as it is such a comfort knowing (for me) that at Family Planning I can rely on female Nurses and GPs who while they have their "Women's Health" cap on focus solely on that aspect of my health.

As time has moved on my focus has changed from predominantly contraception to the changes that women experience as they move towards menopause. As always the Family Planning staff have listened to my concerns, and have been very thorough in their assistance, examinations and advice...So 30 years on, I just want to say thank you to Ipswich Family Planning past and present for taking such good care of me and making some of the more let's say unpleasant "check ups" as comfortable as possible. I hope to continue our relationship for many years to come.

Alana

//



### Auditing our own practice: a key quality improvement tool

FPQ is auditing our Chlamydia testing practices by all our clinicians -- specifically to assess if 'missed opportunities' for opportunistic screening exist and to document the different rationale for not testing in some individuals. We believe the findings will improve screening of clients.

### Young Parents Program (YPP)

Brisbane nurses have continued to provide sexual and reproductive health education to young mums through the Young Parents Program (YPP). Young mothers have the opportunity to discuss sexuality in the early parenting years, birth spacing, and receive STI screening and contraception in a youth friendly and focused environment.

### International Health and Medical Services

Brisbane clinic has commenced a working relationship with International Health and Medical Services who are responsible for supporting people and families seeking asylum and currently in detention. Clinicians met with women in detention about women's health and

FPQ services. All women have been offered a consultation. IHMS provided transportation, interpreters and support to approximately 50 women for clinical appointments at FPQ.

### Contraceptive choices

FPQ is committed to providing choice in contraception for men and women. Vasectomy is one of the only contraception methods available to men. With no publicly funded vasectomies available in Brisbane, FPQ in collaboration with a local GP is now offering low cost vasectomies at our Brisbane clinic. Future collaboration with regional GPs could make vasectomy available to more Queensland men.

### National committees:

- ACCESS Chlamydia project: Family Planning Network Organising Committee-Chair
- SH&FPA Medical Forum (SMEG)
- SH&FPA Education, Health Promotion and Training Managers Professional Group
- SH&FPA Nursing Leaders Professional Group

FPQ is working with FPNSW, the Burnett Institute and the Kirby Institute on the design of a national research study to explore Chlamydia contact management and retesting practices in family planning clinics.

### Queensland clinical collaboration committees and forums:

- Rural and Remote Women's Health Forum
- Queensland Cervical Screening Program Quality Management Committee-Deputy Chair
- Queensland Sexual Health Clinical Management Guidelines Editorial Committee
- Sexual Health Clinician's Meeting Organising Committee

### FPQ's contributions on behalf of SH&FPA

- a review by the Pharmaceutical Society of Australia of their protocol for supply of emergency contraception
- a consensus statement for GPs on the management of bleeding pattern changes with progestogen only contraceptives
- a review of new national training package for doctors for contraceptive implant (Implanon NXT®)

“

## Growing older with my friend Family Planning

“A nervous 16 year old goes for her first appointment at the Family Planning clinic. Coming from a strict and conservative family, she knows she is doing the wrong thing but she knows that being protected is the right thing and the sensible thing to do. The Family Planning clinic is a non judgemental friend to go to rather than the family doctor. The Family Planning clinic is easy to access and free.

So began a lifelong connection and relationship with Family Planning. You protected and looked after me through my sexually experimental years in my teens and early twenties.

I came for protection, for health checks, for advice and for your deep knowledge. The respect and friendliness that everyone showed me at every visit and through every staff change from reception staff to doctors and nurses was exceptional...

You gave me more professional advice and caring through out my entire menopause process.

At my last visit this year (2011) I realised that I had been coming for 36 years...

You are simply the best for knowledge and follow through. I trust you all. I can't thank you enough for everything you have done for me and I am so grateful that we have this service for girls and women in Brisbane.”

Warm regards,  
Julie

”

# Creating Conversations

**The Creating Conversations project is working with children and young people with a disability and their families throughout Central Queensland. The project supports families to increase their confidence and develop their skills in addressing sexuality and relationships education.**

The Creating Conversations team has spent the first half of 2011 developing and shaping the program, with a variety of new resources being created. These include four factsheets and three new workbooks for parents and carers to use with their children.

Creating Conversations supports the concept that learning about sexuality is a life-long process, and as a parent or carer teaching sexuality should be an ongoing conversation and not just a one-off talk about 'the facts'.

The project is family education oriented and empowers families through knowledge and resources to assist in creating a home environment conducive to healthy attitudes and communication about sexuality issues. The second

component of the sessions enables families and their children to interact and participate in various activity stations relating to age appropriate sexuality and relationships education.

To date, sessions have been highly successful and well attended with the project aiming to hold 81 sessions in 2011, in Rockhampton, Emerald, Biloela, Gladstone, Gin Gin, Maryborough, Bundaberg, Hervey Bay and Kingaroy, and possibly Longreach and Monto.

FPQ is thrilled to be working with families in Central Queensland to create a supportive environment that empowers families to take an active role in their children's ongoing sexuality and relationship education.



# 81

The Creating Conversations project is aiming to hold 81 sessions in 2011

# Professional development for teachers in the delivery of sexuality and relationships education (SRE) project

**This teacher professional development project was developed to respond to the growing numbers of Queensland students with poor sexual health outcomes.**

There is overwhelming evidence that young people who participate in school based SRE have better health outcomes and improved decision making skills. We also know that parents and carers support school based SRE. Students report that they expect and rely upon their teachers to be credible, key sources of information and education in this area. The project's activities provided the chance to build teachers' awareness of the supports that exist for good practice.

FPQ, with the support of Queensland Health and the Department of Education and Training (DET), delivered the teacher professional development project in the first half of 2011 in Cairns and on the Sunshine Coast.

**The project was comprised of two primary elements:**

- 1 Professional development initiatives for teachers' direct participation in sexuality and relationships education to
  - further develop their learning and assessment strategies
  - strengthen local practice networks
  - learn more about local services and people available to support classroom projects
  - participate in both face to face, and online learning collaborations

- 2 Creating supportive environments for teacher practice in sexuality and relationships education through
  - project activities in DET regions
  - research on the Sunshine Coast and in Cairns regarding parent/carer support of SRE
  - regional media coverage to address misinformation about SRE
  - linking with professional associations that support teachers and parents/carers
  - supporting inter-school networks of teachers engaged in SRE

Teachers based on the Sunshine Coast and in Cairns participated in a range of activities throughout the project, from 'speed dating' to build networks, to participating in presentations and sharing their expertise in sexuality and relationships education. FPQ facilitated all professional development activities.

The project was funded by Queensland Health, and included formal support for implementation from Queensland Health and the Department of Education and Training (DET).

## Future plans:

Based on our initial findings, key directions for the teacher professional development project in future include:

- 1 Responding to teachers' desire to have online materials available in The Learning Place and to access other existing professional development through DET.
- 2 Continuing to facilitate teachers' awareness that there is support for this work from leadership within DET.
- 3 Continuing to provide opportunities for teachers to gain exposure to and learn from other teachers. Teachers value learning from one another.



# Lesson Plan Competition

In celebration of the work Queensland teachers do providing sexuality and relationships education in schools, FPQ held a Lesson Plan Competition to recognise outstanding examples of teaching practice.

Teachers and pre-service teachers were asked to submit a sexuality and relationships education lesson plan in one of four categories:

- Pre-service teachers (all specialities)
- Primary (Prep – Year 7)
- Secondary (Year 8 – Year 12)
- Special education contexts (Prep – Year 12)

Competition entries were received on a diverse range of sexuality and relationships education topics and reflected the commitment and pursuit of excellence of Queensland teachers in supporting their students' learning in sexuality, sexual development, sexual health, relationships and personal safety.

Submissions were judged by a panel of experts according to how the lesson plan reflected a range of criteria including creating a safe and supportive environment; opportunities for student feedback and involvement; the use of resources and learning materials which reflect diversity, support the development of students' skills and meet diverse learning needs. A panel of young advisors also judged a separate youth category, reviewing the submissions on their relevance to meeting the real needs of students in schools.



## Special thanks go to our judging panel:

Mr Glenn Amezdroz  
All Hallows' School

Ms Sally Coore  
University of Queensland

Ms Debbie Creed  
Independent Schools Association

Ms Katie Robbie  
FPQ Gold Coast

Ms Michelle Ruthenberg  
Department of Education and Training

and the  
winners  
are...

### Pre-service teachers (all specialities) category:

1st Place: Nikki Bischof, University of Queensland

Highly Commended: Emily Enright,  
University of Queensland

### Primary (Prep – Year 7) category:

1st Place (Joint): Tania Stewart  
from St Andrews Lutheran College,  
Tallebudgera & Angela Burgess from  
Kilcoy Primary School, Kilcoy

### Secondary (Year 8 – Year 12) category:

1st Place: Jonathan Gill from  
Glenmore State High School, North  
Rockhampton

Highly Commended: Karin Downing  
from Browns Plains State High  
School, Logan

### Special Education Contexts category:

1st Place: Aaron Sheppard from  
Geebung Special School, Geebung

Highly Commended: Marcia  
Erdeljac from Woody Point Special  
School, Woody Point

### Youth Judged category:

Jonathan Gill from Glenmore State  
High School, North Rockhampton

## Teacher Resource Centre

FPQ's Teacher Resource Centre has been developed to support schools and educators in this work, by providing information and resources to support and enhance sexuality and relationships education programs in schools.

The Teacher Resource Centre also provides a network for educators providing SRE, and showcases and celebrates schools providing SRE programs to students. Visit [www.fpq.com.au/teachers/index.php](http://www.fpq.com.au/teachers/index.php) for more information, to view sample winning submissions of the 2011 Lesson Plan Competition, and to tour the online Teacher Resource Centre.



# Aboriginal and Torres Strait Islander Young People's Sexual Health Project

Over the last 12 months, this project, funded by the Department of Health and Ageing (Office of Aboriginal and Torres Strait Islander Health) has been involved with many activities including community health expos and sporting and cultural events in Cherbourg, Gympie, Beerwah and Kawana.

The project supports the development of young Aboriginal and Torres Strait Islander leaders/advisors. One of the advisors, currently employed by FPQ, has been a member of the reference group for this project and gave input into the development of two resources. Other advisors took part in a focus group for Queensland Health, a meeting to discuss a health forum for women, spoke at a youth summit and delivered a presentation at a Child Protection Week event.

Information and education has also been provided to parents, carers and workers who support young people's sexual and reproductive health. For example, there was a Yarnin' Together Without the Shame workshop in Caboolture and a workshop for parents on Bribie Island.

FPQ would like to acknowledge the members of the project's reference group; the Black Swans Steering Committee; the Indigenous Health Program Workers in Gympie and Nambour; and Indigenous Sexual Health Workers in Redcliffe and Brisbane for their support. Thanks also to Cherbourg Community Health; Barambah Medical Service; CTC youth service in Murgon; and Kidz, Youth, Community (KYC) youth service in Caboolture for their support and willingness to work together with us on this project.

FPQ has received advice from the Office of Aboriginal and Torres Strait Islander Health that the project will receive ongoing funding to June 2014.

## Correctional Facilities Education Project (CFEP)

The prevalence of blood borne viruses (particularly Hepatitis C) and sexually transmitted infections (STIs) continues to be a key health issue in Queensland correctional settings. CFEP works with inmates, officers and medical staff to raise awareness of prevention and harm minimisation strategies, as well as treatment options.

The focus last year was on updating the Hepatitis Strategy to include improvements in blood safety procedures and implementation of Hepatitis pre and post testing training for staff of Offender Health Services.

This year has seen a focus on the further development of strategic alliances within the correctional system in order to improve the consistency of training sessions within the various jurisdictions. This has included training sessions for inmates, correctional officers, and Offender Health Services staff, and a presence at health expos in prisons.

The project negotiated with the Queensland Correctional Services Training Academy to include sessions for pre-service officers to help improve consistency of knowledge and skills throughout the facilities. It also successfully negotiated sessions for Probation and Parole pre-service officers. As a result of these strategies, the number of sessions has increased greatly at all centres with capacity building and support for regional staff at Rockhampton, Gold Coast and Toowoomba, and collaborative partnerships formed with Cairns and Ipswich sexual health clinics.

# Working with special education teachers and students with disabilities in Queensland



With the support of Non School Organisations (NSO) Program, Department of Education and Training funding, FPQ has successfully implemented a project that provides opportunities for educators to access professional development in their schools as well as opportunities for students to access high quality sexuality and relationships education (SRE).

Research shows that teachers have the skills to deliver SRE, and FPQ is excited to be a part of creating supportive environments to enable this to happen. FPQ staff have partnered with teachers to provide support to parents and carers, to deliver professional development sessions for colleagues, and importantly to provide classroom based SRE for students with disabilities.

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Our staff wanted to increase skills that would enable us to provide relevant sexuality information to our kids...provide the students with the skills to protect themselves. Our kids have high support needs and we require an approach that caters to their diverse and complex needs.

FPQ provided support to staff with parent education. They came and helped our staff with professional development, program planning and team teaching as well as policy writing, modeling, and observation.

Special Education Teacher,  
Pine Rivers Special School

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## Rio Tinto Aboriginal Fund Indigenous Health Worker Training Project

Over the three year period of this project (2007-2010), FPQ delivered three rounds of training and support in sexual and reproductive health to Indigenous Health Workers in northern and southern regional Queensland. The final round of training was conducted in the Far North region in September 2010.

Overall, fourteen Aboriginal Medical Services (AMS) from the communities of Atherton, Cairns, Dalby, Innisfail, Ipswich, Kuranda, Mt Isa, St George, Toowoomba and Yarrabah participated in the program, with 30 Health Workers benefiting from the training and support provided.

The project successfully increased the confidence and comfort of participating Health Workers in talking about sexual and reproductive health in their communities. It raised awareness of specific sexual and reproductive health issues such as Pap smears, sexually transmitted infections, contraception, safe sex, unplanned pregnancy and sexual assault.

The project helped participants examine the impact of these issues on their communities, and identify ways to promote prevention and early intervention strategies relevant to their local context. From coming to the course with limited or no knowledge, participants have come away with new skills and have adapted these skills to fit into their role within their workplace.



**"I didn't really know anything about sexual health but the training and resources we received have really given me the confidence to talk about sexual health and include it in my day-to-day duties. Getting the Indigenous resources was really good and we now use them in consultation and lend them out to the school based youth health nurse."**

Goondir Aboriginal & Torres Strait Islander Health Service, St George

**"I try to make talking to the kids about sexual health a positive thing and hope they use the information wisely. They need to arm themselves with the knowledge to make informed decisions. Safe sex is the way to go. It is always pushed under the carpet but we really need to promote it more in the community. The message I'm trying to get out there is, you don't have to be ashamed about sexual health. It is a part of life."**

Midin Clinic, Atherton

## RioTinto

Rio Tinto Aboriginal Fund



# Lifting the Lid forum about children and sexual assault

**In June 2011, Cairns Sexual Assault Service hosted their second Lifting the Lid forum. This innovative, free seminar was designed to raise awareness about the needs of children and young people who have experienced sexual abuse, and those who display problem sexual/offending behaviours. Approximately 150 people from the Cairns region and community services attended the event.**

Psychologist Helen Kambouridis from the Gatehouse Centre in Melbourne spoke about trauma and how it impacts on the developing brain, and provided strategies for responding to children and sexual abuse disclosures. Professor Stephen Smallbone from Griffith University offered fascinating insights into young people and sexually abusive behaviour. He spoke about reasons for abusive behaviours and what works in terms of providing support for young people that will actually make a difference.

Young people need to be supported to find ways of becoming more connected with the community, not isolated or ostracised. Toni Raiwaqavuka from Wuchopperen Health Service spoke on the necessity of responding more

effectively to Aboriginal and Torres Strait Islander children who have been placed into care due to sexual abuse, and the challenges that arise for these communities and children.

The forum presented interesting and at times challenging information, concluding with the opportunity for participants to respond to speakers, exchange information and ask questions.

Sexual abuse remains a challenging area of discussion and it was fantastic to see such a tremendous amount of support in the community for the event. FPQ and the Cairns Sexual Assault Service will continue to work with the Cairns community with more highly successful Lifting the Lid forums planned in the future.





## Sexual Violence Awareness Month and Reclaim the Night October 2010

A Trivia Night was held in Cairns to celebrate the launch of Sexual Violence Awareness Month. Around 200 people attended the event with trivia questions focusing on body parts and sexuality, all asked by a Cairns forensic nurse and detectives from the Child Protection Investigation Unit. The event raised awareness about sexual violence in Cairns and allowed people to meet and interact with police officers who work with FPQ's Cairns Sexual Assault Service.

The Red Arrow is a part of a very popular exercise circuit in the Cairns Botanical Gardens that is often the site for sexual violence and attacks against women. As part of Sexual Violence Awareness Month and specifically to commemorate Reclaim the Night, Run the Red Arrow was an initiative of the Cairns Sexual Assault Service to help raise awareness of sexual violence in the region.

On the day, an information stall was set up at the beginning of the circuit. Women going past could talk to organisers about strategies for keeping safe and receive information about sexual assault and abuse. The event was very well attended and promoted the fact that we all have the right to be safe in our public spaces.



## Multicultural Women's Talks in Toowoomba

**This past year, FPQ's Toowoomba centre organised Dr Tsitsi Maphosa to deliver women's health and family planning community education sessions for women from a refugee or migrant background, and women with a limited experience of English.**

The project was funded through Multicultural Affairs Queensland. Dr Maphosa presented three sessions focused on family planning and women's sexual health.

High school girls from two English as a Second Language units attended the second session. The girls listened with interest to Dr Maphosa and asked relevant questions. Following the series of talks, many girls visited the FPQ clinic and met the staff. This is an important foundation for the future health of these young women.

As a result of the project, the Toowoomba centre is increasing its engagement with local services that support refugee and migrant women, including organising tours of FPQ, talks, and further outreach. It is hoped that these health promotion activities will enable women from refugee and migrant backgrounds and women with limited experience of English to access help and support to make good choices about their sexual and reproductive health in the future.

## Not one size fits all for parents and carers in Brisbane and Ipswich

In Kingston there was the contraceptive lucky dip; in Stafford, 40 'Bottoms'; and across Brisbane and Ipswich, parents and carers were all asking the question – "so where do I start?"

Diverse communities lead to diverse approaches to sharing sexual health information with parents. For people with English as a second language, printed information about contraception wasn't necessarily going to be effective on its own. So, a very hands on approach was tried: a lucky dip. This worked particularly well with young parents, as it gave them an opportunity to discuss and de-bunk myths and exchange knowledge with each other in a relaxed and fun environment.

Further work was undertaken with the Young Parents Program (YPP) during Child Protection Week. FPQ and YPP staff worked together to facilitate reading sessions of the picture book *Everyone's got a bottom* with young parents and their children to learn positive and protective messages about sexuality. The facilitator described the group members as having 'open minds and open hearts' and as being very proactive in their approach to teaching their children about bodies, protection and sexuality.

Throughout the region, numerous programs were conducted for parents and carers keen to learn about how to start having conversations about sexuality with their children. Content included strategies for teaching young children about their bodies and differences between public and private, and family relationships. Resources for introducing the topic to children were shared, including helpful activities for children with disabilities. How to talk to children about what to expect during puberty was also a popular theme with parents.

**" It is easy to forget...  
I've not reflected on my  
own experiences of puberty  
in quite some time!**

Parent



## Teens in care CREATE Foundation forum

In March 2011, FPQ collaborated with the CREATE Foundation to hold the Out of the Box sexuality and relationships forum. Young people who have experienced foster, kinship or alternative care were invited to participate in the forum. Discussion on the day focused on the issues affecting children and young people in care and their ability to access sexuality and relationship information, services and resources.

The participants also had the opportunity to get creative and discuss ideas aimed at promoting sexuality and relationship messages for all young people with a care experience. The activities on the day facilitated the creation of ideas aimed at increasing the accessibility of established resources and information to all young people in Queensland in care.

The Out of the Box sexuality and relationships forum was a fantastic opportunity to engage with young people who have experienced care and to hear their ideas and stories. As a result of the forum, the CREATE Foundation is working in collaboration with these young people to develop an online video campaign targeted at carers, youth services, child protection services, sexual health services and the Department of Communities, Child Safety Services.

Out of the Box enabled the young people involved to have their voices heard on issues affecting their lives. Collaborations such as the Out of the Box sexuality and relationships forum are working towards ensuring that all children and young people in care are able to access and receive sexuality and relationships information and services.



**"**

**Revel in your  
awesomeness...**

**"**

**from the working  
agreement for the day**



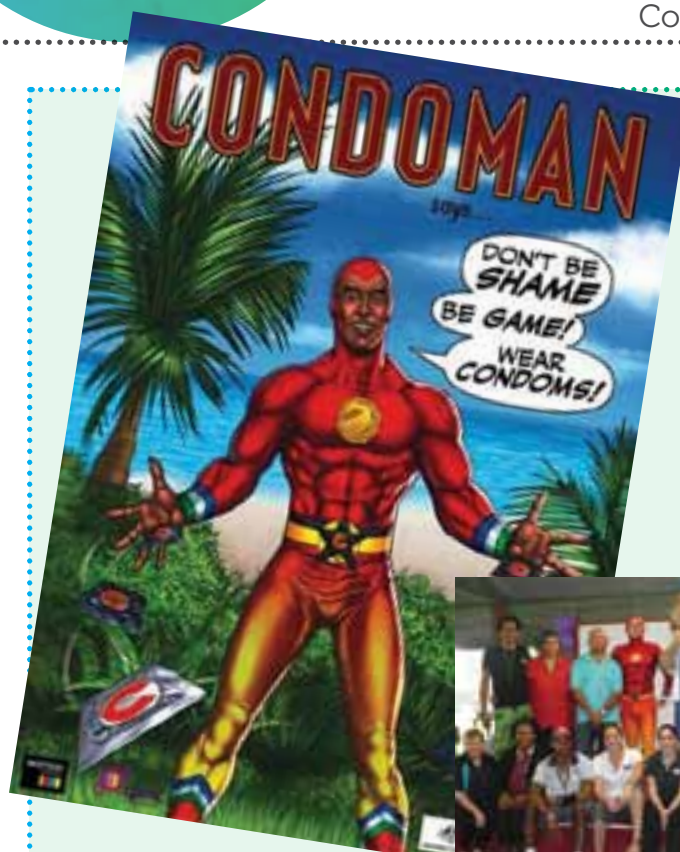


## Conceptual approaches to sexuality education in Queensland

**Dr Trish Glasby** (Department of Education and Training) and **Dr Louise McCuaig** (University of Queensland) were the guest speakers at 'Conceptual approaches to sexuality education in Queensland', a seminar hosted by FPQ in December 2010.

The seminar attracted nearly 100 participants from all over Queensland including teachers from state, Catholic and independent schools; pre-service teaching students; and academics from several Queensland universities.

The theme for the discussions centred around Queensland's current policy and practice in sexuality and relationships education, and what the National Curriculum will mean for sexuality and relationships education in schools in the future. The seminar also explored the notion of health literacies including the emerging area of sexual health literacies and what this could signify for Queensland teachers and their ongoing practice.



## Protecting Our Future: Aboriginal and Torres Strait Islander Youth Health Day

**FPQ and Mamu Health Service Ltd joined together to host an Aboriginal & Torres Strait Islander Youth Health Day in Innisfail in July 2010, funded by Queensland Health.**

Focusing on healthy choices, approximately 90 Aboriginal and Torres Strait Islander children and young people from the area engaged in a day of activities, dancing, information, food and entertainment. Stalls run by Mamu Health, FPQ and Queensland Association for Healthy Communities (QAHC) provided information, activities and presentations on sexual and reproductive health, health checks, healthy lifestyles, and drugs and alcohol.

Special guest appearances throughout the day by Condoman (promoting healthy, safe sex and relationships) and Choice (promoting healthy lifestyle choices) engaged participants in games and dance while motivational speaker and MC for the event, Trevor Tim from Success with Attitude, provided inspiration, and led discussions and activities throughout the day. Local school groups performed traditional and contemporary dances, and many participated in freestyle dancing with Condoman and Choice.

The grand finale of the day was a traditional dance, choreographed by Mamu Health Worker Joseph Drahm, which engaged high school students, school staff and workers. Mamu Health Services Manager, Colleen Purcell, narrated while everyone participated in a dance depicting the influences of good and evil spirits, over which Condoman and Choice eventually prevail, saving everyone who'd been drawn away by evil spirits.

The day was a fun and engaging way to make information and services promoting healthy choices more accessible to young people in Innisfail.



# Youth Link and Family Planning Queensland art contest celebrates healthy relationships

**Youth Link and FPQ joined forces to promote healthy and respectful relationships through a collaborative art competition in Cairns in late 2010.**

Held for Youth Link young people, the competition challenged them to express what a healthy relationship looks like and means to them through art work. The resulting artworks were displayed in an exhibition co-hosted by FPQ and Youth Link in December at a local café, with winners selected by Cairns City Council's Youth Development Officer and a local Aboriginal artist and sexual health professional.

One of the art competition participants explained, "I love art...and when I heard what the competition was about, ideas really popped." In an interview for the competition, she explained her view of a healthy relationship: "I believe that everyone enters a relationship as individuals, with your own needs, preferences, dislikes etc... So when you're in a relationship you have to remember that (other than trust, honesty and forgiveness) communication is totally the key, as well as compromising."

The art project has given participants a means to reflect on what constitutes a healthy relationship, and the works created give voice to those aspects that young people consider most valuable. It's important to find ways to have these conversations with the young people in our community, and listen to how we can better support them to enjoy healthy, respectful relationships throughout their lives.





## Protecting children is everyone's business: Child Protection Week 2010

**Every child has the right to feel positive about themselves, and has a right to be safe. This year, FPQ again participated in Child Protection Week to demonstrate our continued commitment to helping parents, carers and professionals talk with children about being safe and developing personal safety skills.**

FPQ commemorated Child Protection Week in September through a wide range of activities in partnership with local agencies across the state. The week's programs ranged from pantomime performances in Toowoomba to art workshops in Rockhampton, newspaper articles in Cairns and workshops throughout Brisbane. Also featured during the week was a fully subscribed Professional Development Day on the Sunshine Coast. FPQ's Holly Brennan, who is also the Chair of the Queensland Child Protection Week Committee, spoke at several public gatherings, including

the launch and awards ceremony at Parliament House in Brisbane.

Children are never too young to learn about being safe and who they can talk to if they need help. Child Protection Week provides an opportunity to raise awareness of child abuse and neglect, and to feature a variety of events in the community which highlight strategies for developing knowledge and skills to help keep children safe. FPQ is proud to be working in collaboration with the community and with local agencies to help create a Queensland where child protection is everyone's business.

### Reproductive and mental health of young women in rural Australia

This exploratory work, *Reproductive and mental health of young women living in rural and remote Australia: a scoping study*, was developed as a result of discussions between the Centre for Rural & Remote Mental Health Queensland (CRRMHQ) and FPQ.

The study was undertaken to investigate the links between the mental and reproductive health of young women in rural and remote Australia. For this scoping exercise, the World Health Organisation's *Mental Health aspects of women's reproductive health: a global review of the literature* (2009) was adopted to enable the research team to reflect on the current evidence base and practice framework. The research explored recent Australian literature on the links between mental health, reproductive health, and choice for young women. As a part of the research, a selection of expert professionals working in the areas of reproductive and/or mental health was interviewed.

The study highlighted the need for inclusion of young women's reproductive health in health policy and planning. The evidence found that reproductive health events, and control over reproductive choice impact on women's mental health and wellbeing.

Together, the publications reviewed and observations made by interviewees as a part of this research provide good ground for preliminary conclusions and suggested areas for future work.

The study report was published by CRRMHQ in May 2011. The research was supported by a small amount of funding from FPQ, and Associate Professor Jane Fisher from the University of Melbourne provided in kind research advice.



# Research shows parents and young people want sexuality and relationships education in schools

**A key component to building the case for universal sexuality and relationships education in Queensland schools is teacher professional development.**

To solidify teacher and administrator confidence in the value of SRE, FPQ published reports to demonstrate (1) parents and carers firmly believe sexuality and relationships education (SRE) is an essential part of their child's schooling; and (2) outlining what young people want in SRE.

In summary, research in Australia and overseas consistently shows that young people

- want to learn about sexuality and relationships in schools; and
- expect and rely on teachers to be credible, key sources of information in SRE.

Similar to the views of their children, research demonstrates the overwhelming majority of parents and carers

- recognise the importance of SRE;
- expect SRE to be an integral part of schooling; and
- support the expertise of teachers in providing SRE.

These findings are outlined in further detail in FPQ's 2011 *Evidence Briefings* on [www.fpq.com.au/teachers/why/why.php](http://www.fpq.com.au/teachers/why/why.php). These results reinforce the critical role teachers and schools play in supporting the healthy sexual development of children and young people.

In addition to analysing existing research through publication of these *Evidence Briefings*, FPQ also commissioned new research. The 2011 study *Attitudes of parents and carers towards sexuality and relationships education in schools*

provides an up to date report on parents' views. Not unsurprisingly, the findings showed that 91 per cent of Queensland parents support school-based SRE. The findings were widely covered in local, statewide and national media, with FPQ staff featured on everything from Channel 7's *The Morning Show*, to ABC radio and in *The Courier-Mail*.

FPQ recognises schools sometimes choose to not provide SRE out of fear of parent backlash. This study shows parents support teachers to continue delivering and in fact expand what is covered in school-based SRE.

**91%**

91 per cent of Queensland parents support school-based SRE

**80%**

of parents believe it is very important that children receive ongoing lessons over several years, rather than a single session

nearly one half of parents would like children learning about sexual abuse prevention before their first day at primary school

**87%**

would like children to begin learning about sexual abuse prevention before high school

**79%**

of Queensland parents surveyed would be concerned if there was no sexuality and relationships education in schools

## In conclusion

The research revealed solid support for sexuality and relationships education amongst both mothers and fathers, and those with a range of religious beliefs, and regardless of whether parents speak a language other than English at home or have a child with a disability.

The executive summary is available on [www.fpq.com.au/pdf/Footprints.pdf](http://www.fpq.com.au/pdf/Footprints.pdf) and the full study is available by request: email [library@fpq.com.au](mailto:library@fpq.com.au) for your copy.



# Busting the myths on Emergency Contraception

This year has seen FPQ's continued involvement in YACI (Youth Accessing Contraception and Information). YACI, an interagency committee, aims to address practical issues that impact on young people accessing advice and support for issues surrounding sexual and reproductive health, including contraception and unplanned pregnancies.

YACI aims to strengthen links between local government and nongovernmental services through meaningful collaboration to improve coordination and delivery of local services and health promotion. One of the most common issues raised to YACI was the difficulty experienced by young people accessing advice and support for contraception, and information about unplanned pregnancies including access to emergency contraception (EC).

In response, FPQ and Cairns Sexual Health Service conducted a survey with pharmacies in the region to gain a better understanding of the distribution of over the counter emergency contraception (EC). The study found that pharmacies are comfortable with their role in emergency contraception provision, have a positive attitude to dispensing it and a desire to provide a confidential youth friendly environment for clients.

To address the gap in knowledge regarding EC, YACI released a wallet card and factsheet about emergency contraception (thanks to SHine in South Australia providing permission to adapt their original resources for use in Cairns) aimed at young women in the region. The group also continues working closely with pharmacies to enhance their services to young women in the Cairns and Hinterland region.

Published research and anecdotal evidence indicate that many young women don't know how EC works or how to access it.

**CAN I TALK TO  
YOU ABOUT  
EMERGENCY  
CONTRACEPTION?**



**fpq**  
Family Planning Queensland

[www.fpq.com.au](http://www.fpq.com.au)  
[www.istaysafe.com](http://www.istaysafe.com)

Reproduced with permission of SHine SA.



*there's still time for  
plan B.*

## EMERGENCY CONTRACEPTION

WHY CONDOM BROKE? FORGOT YOUR PILL? UNPROTECTED SEX? WHAT EMERGENCY CONTRACEPTION CAN BE TAKEN UP TO 5 DAYS AFTER UNPROTECTED SEX TO REDUCE THE RISK OF UNPLANNED PREGNANCY WHEN REMEMBER. THE SOONER IT'S TAKEN, THE MORE EFFECTIVE IT IS WHERE YOUR LOCAL PHARMACY, FAMILY PLANNING QUEENSLAND, CAIRNS SEXUAL HEALTH AND MANY PUBLIC HOSPITAL EMERGENCY DEPARTMENTS

ASK ANY OF US ANY TIME ABOUT SAFE SEX AND ONGOING CONTRACEPTION

# Abortion law reform: the journey continues

**Many people continue to be surprised to hear that today, even after the acquittal of the young couple in Cairns, Queensland doctors and nurses still risk prosecution under the Criminal Code if they perform an abortion.**

The Cairns case which alleged a young couple illegally sought an abortion went to trial on 12 October 2010.

Had they been found guilty, the couple could have each faced up to 7 years in prison.

While the case put a spotlight on Queensland's archaic Criminal Code dating from 1899, the case itself made no change to the code. It is not just those seeking an abortion who can be found guilty: doctors and nurses continue to be equally at risk of being charged with providing an unlawful abortion. Abortion is not uniformly legal in Queensland; it is only available under narrow and specific circumstances, and is generally unavailable in public hospitals. These narrow circumstances do not include when the pregnancy is the result of rape or incest, or to address diagnosed foetal abnormalities.

As part of the Pro-Choice Queensland coalition, FPQ convened a group of prominent medical, reproductive and public health organisations, individuals, and universities, to collectively declare their discontent with the lack of attention to laws that create uncertainty for doctors and limit reproductive choice for women in a letter to Queensland MPs. It stated:

**"We are deeply concerned that Queensland doctors still risk prosecution under Queensland's Criminal Code of 1899 if they perform or procure a termination of pregnancy.**

**As it stands, Queensland's laws are unclear; so long as they are unclear, we are limited in our ability to deliver the best quality care to respond to women's health care needs.**

**We call on Queensland Parliamentarians to review and update relevant sections of the law to ensure certainty and security for women and doctors alike."**

In solidarity with medical and public health organisations and universities, the public has made their stance similarly clear, in studies conducted both in Queensland and for the whole of Australia. Access to abortion is in fact supported by a wide sector of the population, across states, gender, religion, voting preferences, and general practitioners.

Unfortunately, despite these efforts, no change has been made to the Queensland Criminal Code. The medical, reproductive health and public health community are outraged that abortion still remains a crime in Queensland.

FPQ is a member of Pro-Choice Queensland - [www.prochoiceqld.org.au](http://www.prochoiceqld.org.au) – who makes it easy for anyone to play a role in the decriminalisation of abortion by sharing your views with your MP.

**Following the Cairns court case, the Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG) demanded the repeal of the 111 year old section of the Criminal Code making abortion a crime, and the Australian Medical Association of Queensland called on government to clarify abortion law.**

## Tribute to Dr Dorothy Cole

FPQ would like to pay tribute to Dr Dorothy Cole, social justice pioneer, who passed away in 2010. Dr Cole was instrumental in opening FPQ's Townsville centre.

She is remembered as a passionate advocate and leader for women. She helped establish the Townsville Women's Shelter, the Rape Crisis Service and also helped set up the first abortion clinic in Townsville. Dr Cole also generously left a bequest to FPQ in her will. We would like to recognise Dr Cole, and honour her lifetime of achievements supporting women in the region.

## SH&FPA President's Award 2010



In recognition of her outstanding leadership promoting sexuality and relationships education as a key component to protecting children, FPQ's Holly Brennan was awarded the SH&FPA President's Award this year.

Holly's contribution to the family planning sector is clearly demonstrated through her passionate commitment to ensuring that every child, no matter what their circumstances, is healthy and safe. Holly has been on staff at FPQ since 1996 and has had several roles within the Education team, firstly working with the disability sector before moving towards developing resources in prevention of sexual abuse. In her current role as the Manager of Research and Program Development, she coordinates FPQ's statewide approaches in Schools, Disability, Parenting, Early Childhood, Child Protection, Sexual Behaviours and Resources.



## Relocation of Sunshine Coast Office

This year saw the long awaited and much anticipated relocation of our Education team on the Sunshine Coast.

Their new office in Maroochydore is in a modern energy efficient building that is centrally located. The move has provided more space for the team and allowed for future growth in staff and projects. Projects currently housed include the Regional Youth Project, the Aboriginal and Torres Strait Islander Young People's Sexual Health Project, the Aboriginal and Torres Strait Islander Resource Project, the Aboriginal and Torres Strait Islander DVD project and the Correctional Facilities Education Project.

A feature of the past 12 months has been engagement with a number of different communities and key networks in the region, from the Youth Summit, through to early childhood and disability sectors.

## Remote Desktop Services makes things happen for FPQ

**The year ushered in the introduction of the Remote Desktop Services, formerly known as the Terminal Services, to FPQ's Microsoft Windows network.**

This move was facilitated by the previous year's major network upgrade, which also allowed for the implementation of the Voice over Internet Protocol or VoIP for our telecommunication facilities.

Remote Desktop Services allows any computer in the FPQ network to connect to a central terminal

server from anywhere, enabling us to dispose of our old regional servers without need for replacement. Shared network drives that used to be hosted on different servers at various sites are now located on one file server, thereby making file sharing among staff from different locations and services much easier and quicker.



# Everyday women, extraordinary lives

**2011 marked the 100th anniversary of when International Women's Day was first celebrated in Austria, Denmark, Germany and Switzerland in 1911.**

This anniversary provided a great opportunity to recognise some of FPQ's champions who have made contributions to our development and success throughout the years. Seven women, both current and former staff members of FPQ, were nominated for the Queensland Government's Everyday women, extraordinary lives tribute gallery.

FPQ was proud to highlight their significant contributions to sexual and reproductive health in Queensland. Congratulations to Odette Tewfik who was nominated by the Queensland Office for Women for her work in the CALD community, and to Kelsey Powell, Shona Charters, Karen Stirling, June Morris, Marjorie Millburn, and Kay Strom who were nominated by FPQ.



Photos left to right: Odette Tewfik, Kelsey Powell, Shona Charters, Karen Stirling, June Morris, Marjorie Millburn, Kay Strom

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## Collaborations

FPQ's Toowoomba centre is working with Breastscreen Queensland, the Empire Theatre and Curves (women's fitness centres) to combine theatrical shows with sexual health promotion via foyer display and gift bags of service/health information.

Safer Kids Interagency Committee Toowoomba members include: Education Queensland, Queensland Police Service, Mercy Family Services, Queensland Health, Goolburri Health Service, Spring St Christian Church and FPQ.

The Sunshine Coast Aboriginal and Torres Strait Islander Young People's Sexual Health Project continues to collaborate widely with the community and other organisations. Partners in the delivery of this project include North Coast Aboriginal Corporation for Community Health; Queensland Health Indigenous Health Program (Sunshine Coast); the organising committee for the 'Wanna Be Deadly' Carnival; Clinic 87; the Black Swans Youth Advisory Group; Barambah Medical Service; Cherbourg Community Health; Healthy Women's Initiative and Cherbourg Hospital midwives; Kidz, Youth, Community (KYC) youth service; and Redcliffe/Caboolture Indigenous Sexual Health.

## Collaborative research:



- GP practice nurse cervical screening enhancers and barriers (collaboration with James Cook University (JCU), General Practice Queensland, QHCSP) - data collection complete
- Access to sexual and reproductive health services by young people in rural and regional Queensland (collaboration with JCU) - youth advisory groups formed in Toowoomba, Atherton, Townsville and Rockhampton and literature review completed
- Copper IUD prospective study (collaboration with FPNSW) continues recruitment

- *Scoping study: Reproductive and mental health of young women living in rural and remote Australia* (collaboration with Centre for Rural and Remote Mental Health Queensland). Completed and final report published May 2011. Findings presented at the RANZCOG Indigenous Women's Health Conference in Cairns June 2011
- Griffith University – young people and Traffic Lights
- Family and Parenting Resource Centre at UQ – Triple P – research project
- QUT – Promoting Healthy Sexual Development Working Group

# FPQ

## presentations at key 2010/11 conferences

### For Our Children, SNAICC National Conference (Alice Springs, July)

- Black Swans Big Day Out: Jo Stewart, Jennifer McClay, Anne Humbert, Christine May

### Australian Foster and Kinship Carers Partnership National Conference: Connected we move forward (Hobart, August)

- Innovation and sexuality education  
- Activities and resources for supporting children and young people in care: Georgina Livingstone and Holly Brennan

### Creating Futures Conference (Cairns, September)

- Black Swans Big Day Out: Jo Stewart, Jennifer McClay, Anne Humbert, Christine May

### 45th Australasian Society for Intellectual Disability (ASID) Conference (Brisbane, September)

- A framework for professionals to support healthy sexual behaviours: Georgina Livingstone

### GP 10 Conference (Cairns, October)

- A prospective study of intrauterine device insertion in Queensland and New South Wales family planning clinics: Caroline Harvey, Deborah Bateson, Kirsten Black
- The tip of an iceberg? Obtaining an intrauterine contraceptive device (IUCD) in family planning clinics in New South Wales and Queensland: experience of service users: Deborah Bateson, Caroline Harvey, Julia Williams, Kirsten Black

### Sunshine Coast Youth Summit (Sunshine Coast, October)

- Resilience and wellbeing: relationships and sexuality, body image and self esteem: Angela Wunsch

### New Zealand Family Planning Conference (Wellington, NZ, October)

- What young people know, like and need: sexual health, blood borne viruses and youth friendly services: Yvonne Black and Angela Wunsch
- The tip of an iceberg? Obtaining an intrauterine contraceptive device (IUCD) in family planning clinics in New South Wales and Queensland: experience of service users: Caroline Harvey
- More than a checklist: transforming clinical practice and understanding of the sexual lives of young people attending Family Planning Queensland clinics: Margot Kingston

### Australian College for Child and Family Protection Practitioners Connecting and Collaborating: Moving towards holistic approaches when working with children, families and communities (Canberra, October)

- Whose job is it anyway? Talking about sex, relationships and being safe with children and young people in care: Georgina Livingstone
- Everybody's business: Using the Traffic Lights framework to promote healthy sexual development in children and adolescents: Judy Graham and Holly Brennan

### Independent Schools Queensland Conference (Brisbane, October)

- Relationships the fourth "R": Promoting healthy, informed and safe sexuality for students: Holly Brennan

### HPV Forum Brisbane, for Mater Health Services (Brisbane, November)

- Talking about HPV - challenges for clinicians: Kay Strom, Caroline Harvey and Margot Kingston

### 18th Annual Women's Health Conference (Gold Coast, February)

- Contraception Workshop – What's new in hormonal contraception – some tips and traps: Caroline Harvey and Terri Foran
- Menopause Workshop – Management of the menopause: Caroline Harvey and Helena Teede

### Deadly Sex Conference (Cairns, March)

- Contraception: Kay Haig

### Australian Health Promotion Association, 20th National Conference (Cairns, April)

- The journey of YACI (Youth accessing contraception and information) in Far North Queensland: Carla Gorton, Sandra Downing, Chris Payze and Simon Doyle-Adams



### Positive Schools: Mental Health and Wellbeing Conference (Fremantle, May)

- Addressing sexuality in the classroom: Presentation: Holly Brennan

### Positive Schools: Mental Health and Wellbeing Conference (Brisbane, May)

- Addressing sexuality in the classroom: Presentation: Holly Brennan
- Traffic Lights Framework in the classroom: Workshop: Holly Brennan

### RANZCOG Indigenous Women's Health Meeting (Cairns, June)

- Consulting and listening to our mob at grassroots level: designing a sexual and reproductive health resource: Sharelle Eggmolesse and Jo Stewart
- Family planning: Caroline Harvey

FAMILY PLANNING QUEENSLAND  
A.B.N. 61 009 860 164  
(A Company Limited by Guarantee)

SUMMARISED FINANCIAL REPORT FOR THE YEAR ENDED 30 JUNE 2011

OVERVIEW

FY 2010-2011 was a challenging year for Family Planning Queensland (FPQ). During this period, FPQ continued providing quality sexual and reproductive health, education and information services in accordance with its mission.

The operating budget approved by the Board for 2010-2011 was a deficit budget of \$35,309. The final result for this period was a deficit of \$275,522. The increase in deficit is explained by:

- Natural disasters in early 2011 adversely impacted expected revenue in some regional areas.
- Expenditure of \$31,131 was incurred for enhanced corporate governance which included the appointment of a Company Secretary.
- Negotiations around the implementation of the enterprise agreement saw unfunded salary increases of \$60,203. That is, the Queensland Government only funded salary increases for frontline staff, leaving the cost associated with increased salaries for operational and clinical staff to be met by the organisation.
- \$10,720 was part of payroll expenses associated with the resignation of two long term senior staff.
- Unanticipated repair work in Alfred Street, Rockhampton, and Townsville added costs of \$30,522.

The previous year's result was a surplus of \$24,215.

We have made an investment of \$48,948 in future infrastructure around an automated rostering and timesheet system to improve the efficiency of staff management and the quality management systems to assist us with ISO9001:2008 Certification.

\$87,000 was allocated to complete the relocation and refurbishment of our regional offices in Cairns, Sunshine Coast and the Gold Coast.

June 2011 has seen the appointment of an experienced senior financial manager and the implementation of an endorsed financial action plan that includes changes to the chart of accounts and financial procedures within FPQ to enhance internal controls and improve performance reporting.

The upgrade to the Company's communication systems was completed during 2011. This has resulted in significant savings in communication expenses. This upgrade was made possible by the early release \$44,530 from Queensland Health's Population Health Information and Clinical Services Solution (PHICSS) project.

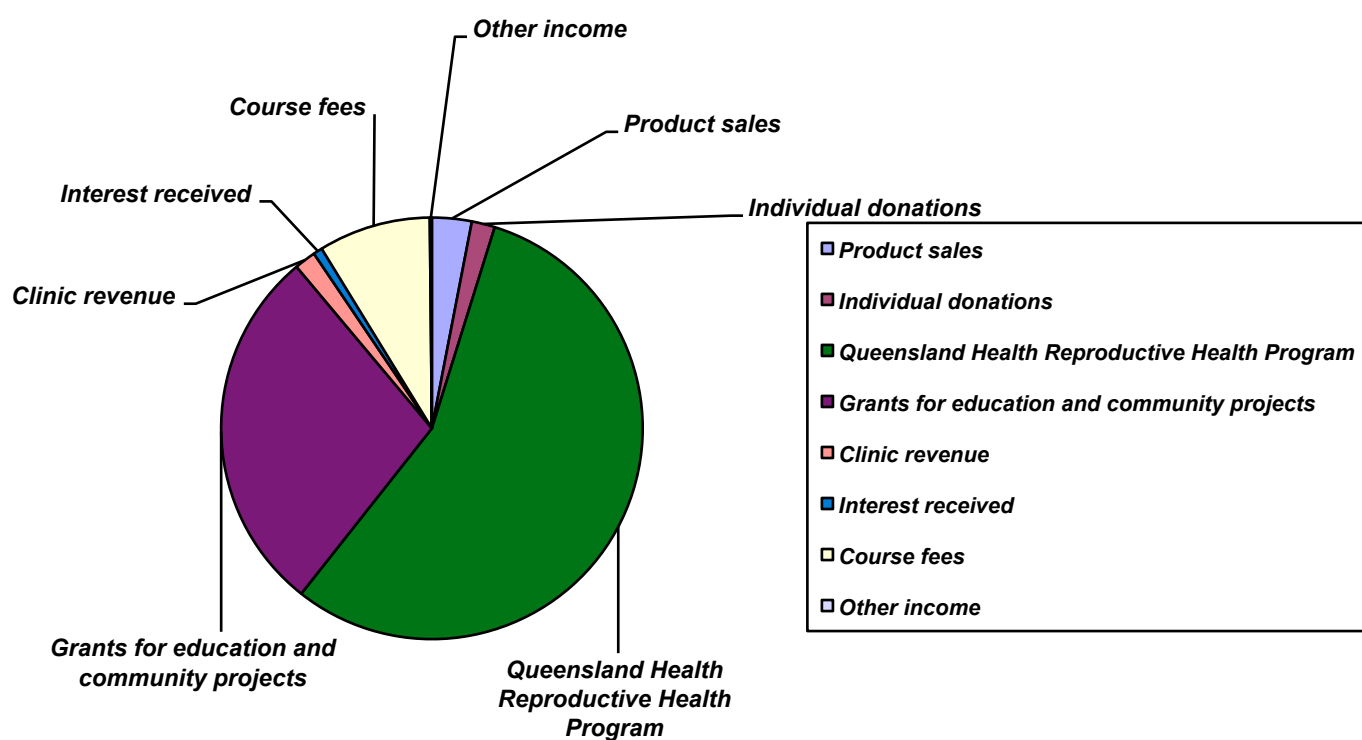
The current Service Agreement between Queensland Health and FPQ stipulates that FPQ actively seeks to diversify its funding sources.

In response to this requirement FPQ will introduce two income generating initiatives in 2011 -2012 in order to continue to meet costs and maintain clinical services in all six regional areas. Firstly, in addition to requesting voluntary donations from clinic clients, FPQ will introduce a sliding scale annual fee. Secondly, FPQ will introduce Medicare rebates for clinical services.

The financial statements have been prepared on a going concern basis which contemplates continuity of normal business activities and the realisation of assets and discharge of liabilities in the ordinary course of business. The ability of the Company to maintain continuity of normal business activities and to pay its debts as and when they fall due is dependent upon continuing support from the Queensland State Government via grant funding, and continuing profitable operations. The current funding agreement between the Company and Queensland Government to fund the Company's Reproductive Health Program runs up until June 2014.

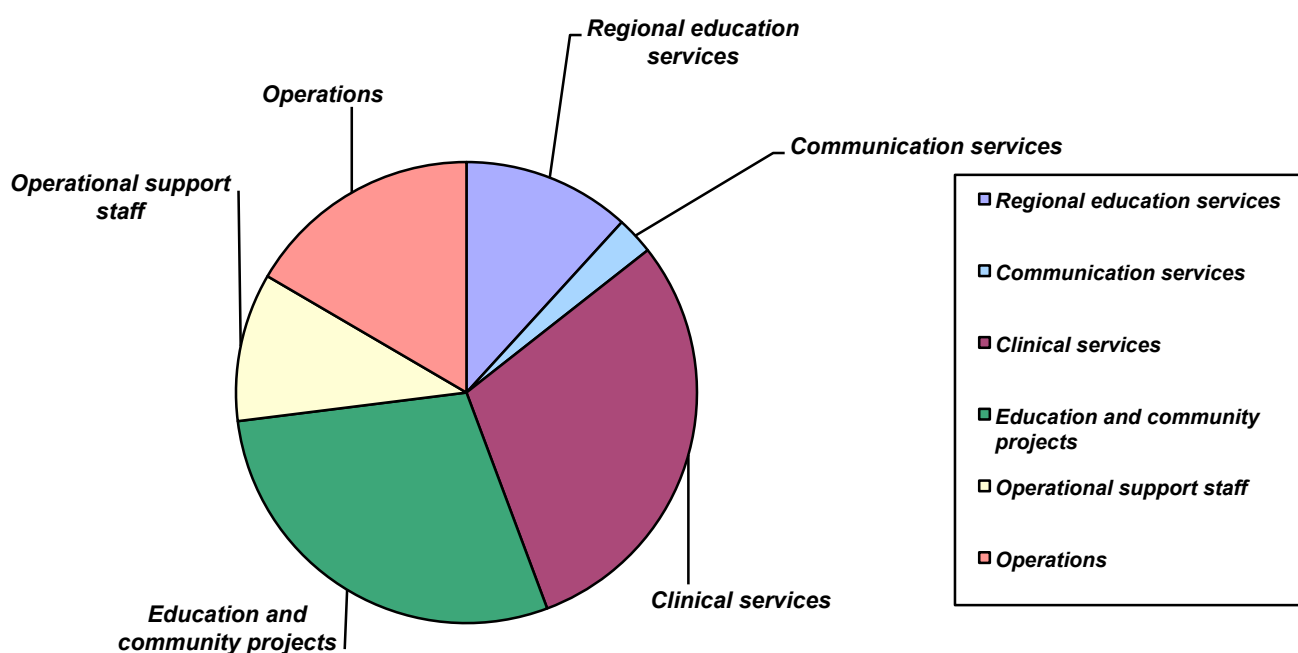


## Revenue



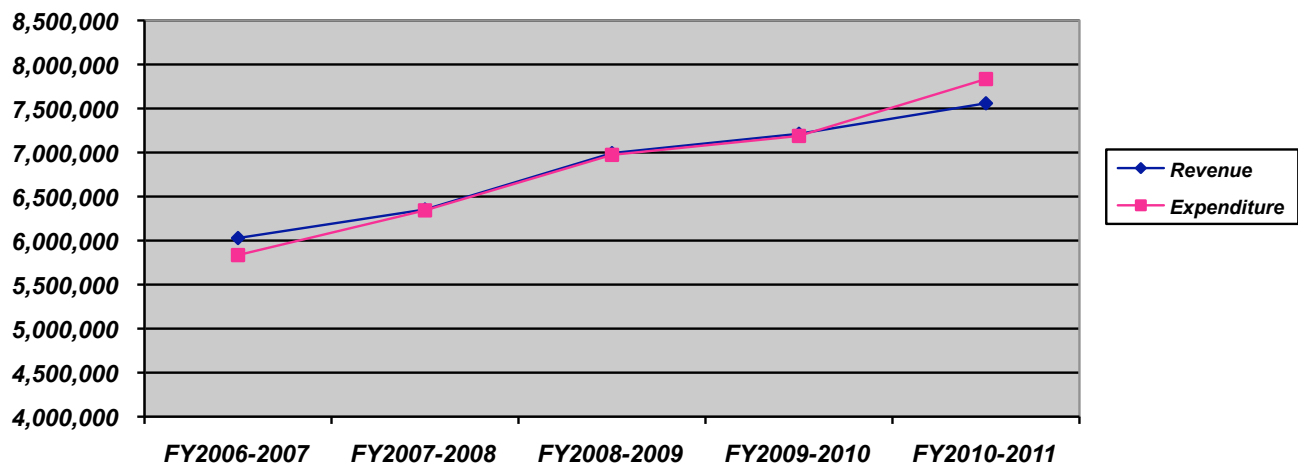
Revenue	\$	percentage
Product sales	230,117	3.04%
Individual donations	134,338	1.78%
Queensland Health Reproductive Health Program	4,219,500	55.82%
Grants for education and community projects	2,136,042	28.26%
Clinic revenue	124,522	1.65%
Interest received	52,479	0.69%
Course fees	650,078	8.60%
Other income	11,952	0.16%
Total revenue	7,559,028	100.00%
Course fees breakdown:	\$	
Clinical	318,883	49.05%
Education and community sector	331,195	50.95%
Total	650,078	

## Expenditure



Expenditure	\$	percentage
Regional education services	921,938	11.77%
Communication services	206,720	2.64%
Clinical services	2,342,443	29.90%
Education and community projects	2,249,629	28.71%
Operational support staff	814,884	10.40%
Operations	1,298,936	16.58%
Total	7,834,550	100.00%
Operations includes:		
Facilities		
Insurance and professional fees		
Utilities		
Telecommunications		

## Revenue and Expenditure - 5 year trend



Revenue and Expenditure 5 year trend	Revenue	Expenditure
FY2006-2007	6,028,756	5,835,164
FY2007-2008	6,352,931	6,343,106
FY2008-2009	6,993,386	6,973,481
FY2009-2010	7,212,707	7,188,492
FY2010-2011	7,559,028	7,834,550

This summarised financial report is an extract from the financial report. The financial statements and specific disclosures included in the summarised financial report have been derived from the financial report. The summarised financial report cannot be expected to provide as full an understanding of the financial performance, financial position and financing and investing activities of the company as the financial report. Further financial information can be obtained from the complete financial report which is available, free of charge, upon request to the company.



FAMILY PLANNING QUEENSLAND  
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STATEMENT OF COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2011

	2011	2010
	\$	\$
Revenue	7,559,028	7,212,707
Change in inventory of finished goods	160	23,098
Raw materials and consumables used	(420,275)	(154,152)
Employee benefits expense	(5,791,735)	(5,300,475)
Course expenses	(64,583)	(68,366)
Depreciation and amortisation expense	(145,865)	(141,456)
Insurance	(85,091)	(83,139)
Professional fees	(53,391)	(28,265)
Rent, rates, repairs and maintenance	(460,155)	(444,621)
Staff training and recruitment	(85,876)	(149,265)
Telecommunications	(93,557)	(34,017)
Travel costs	(137,712)	(131,230)
Other expenses	(496,470)	(676,604)
Surplus (Deficit) before income tax	(275,522)	24,215
Income Tax expense	-	-
<b>Surplus (Deficit) for the year</b>	<b>(275,522)</b>	<b>24,215</b>
Other Comprehensive income	-	-
<b>Total Comprehensive Income (Deficit)</b>	<b>(275,522)</b>	<b>24,215</b>

FAMILY PLANNING QUEENSLAND  
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STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2011

	2011	2010	Total
	\$	\$	\$
<b>ASSETS</b>			
			1,585,942
CURRENT ASSETS			
Cash and cash equivalents	1,205,461	1,202,514	24,215
Trade and other receivables	158,750	137,280	
Inventories	100,348	100,508	1,610,157
Other current assets	300,653	194,119	
TOTAL CURRENT ASSETS	1,765,212	1,634,421	(275,522)
NON CURRENT ASSETS			1,334,635
Property, plant and equipment	2,964,011	2,913,333	
Intangible assets	752	1,128	
TOTAL NON CURRENT ASSETS	2,964,763	2,914,461	
<b>TOTAL ASSETS</b>	<b>4,729,975</b>	<b>4,548,882</b>	
<b>LIABILITIES</b>			
CURRENT LIABILITIES			
Trade and other payables	1,656,203	1,165,337	
Interest bearing liabilities	26,669	27,239	
Short-term provisions	152,824	150,867	
TOTAL CURRENT LIABILITIES	1,835,696	1,343,443	
NON-CURRENT LIABILITIES			
Interest bearing liabilities	1,326,547	1,354,905	
Long-term provisions	233,097	240,377	
TOTAL NON-CURRENT LIABILITIES	1,559,644	1,595,282	
<b>TOTAL LIABILITIES</b>	<b>3,395,340</b>	<b>2,938,725</b>	
<b>NET ASSETS</b>	<b>1,334,635</b>	<b>1,610,157</b>	
<b>EQUITY</b>			
Accumulated Surplus	1,334,635	1,610,157	
<b>TOTAL EQUITY</b>	<b>1,334,635</b>	<b>1,610,157</b>	

FAMILY PLANNING QUEENSLAND  
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STATEMENT OF CHANGES IN EQUITY FOR YEAR ENDED 30 JUNE 2011

	Accumulated Surplus \$	Total \$
Balance at 1 July 2009	1,585,942	1,585,942
Surplus for the year	24,215	24,215
Balance at 30 June 2010	1,610,157	1,610,157
Surplus / Deficit for the year	(275,522)	(275,522)
Balance at 30 June 2011	1,334,635	1,334,635



FAMILY PLANNING QUEENSLAND  
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STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2011

	2011	2010
	\$	\$
<b>Cash flows from operating activities:</b>		
Receipts from trading	1,706,778	1,322,226
Receipts from grants	6,744,741	6,571,376
Interest received	52,479	39,828
Payments to suppliers and employees	(8,245,627)	(7,692,179)
Net cash provided by/(used in) operating activities	258,371	241,251
<b>Cash flows from investing activities:</b>		
Payment for plant, property and equipment	(226,496)	(117,719)
Proceeds from sale of plant, property and equipment	-	9,886
Net cash used in investing activities	(226,496)	(107,833)
<b>Cash flows from financing activities:</b>		
Proceeds from borrowings	-	-
Repayment of borrowings	(28,928)	(24,171)
Net cash used in financing	(28,928)	(24,171)
Net increase/(decrease) in cash held	2,947	109,247
Cash at beginning of the financial year	1,202,514	1,093,267
Cash at the end of the financial year	1,205,461	1,202,514

FAMILY PLANNING QUEENSLAND  
A.B.N. 61 009 860 164  
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DIRECTORS' DECLARATION For the Financial Year ended 30 June 2011

The directors of the company declare that:

1. The summarised financial report is comprised of the summary of financial position as at 30 June 2011, the summary statement of comprehensive income, the statement of changes in equity, and the statement of cash flows for the year then ended, and was derived from the full financial report of Family Planning Queensland for the year ended 30 June 2011. The full financial report was prepared in accordance with the Corporations Act 2001 to give a true and fair view of the financial position of the company at 30 June 2011 and of the performance for the year ended on that date.
2. In the directors' opinion there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.
3. The summarised financial report cannot be expected to provide as full an understanding of the financial performance, financial position and finance and investing activities of the company as the full financial report, which is available on request by calling 07 3250 0240 or emailing [info@fpq.com.au](mailto:info@fpq.com.au).

This declaration is made in accordance with a Resolution of the Board of Directors.



Matthew Schlyder – Chairperson  
Dated: 14 September 2011



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 GPO Box 457 Brisbane QLD 4001  
 Australia

## INDEPENDENT AUDITOR'S REPORT

To the Members of Family Planning Queensland

We have audited the accompanying summarised financial report of Family Planning Queensland, comprising the summary of financial position as at 30 June 2011, the summary statement of comprehensive income, the statement of changes in equity and the statement of cash flows for the year then ended, which was derived from the financial report of Family Planning Queensland for the year ended 30 June 2011. We expressed an unmodified auditor's opinion on that financial report in our auditor's report dated 15 September 2011.

### The Responsibility of Directors for the summarised financial report

The directors of the company are responsible for the preparation and fair presentation of the summarised financial report. This responsibility includes establishing and maintaining internal control relevant to the preparation and fair presentation of the summarised financial report selecting and applying appropriate accounting policies and making accounting estimates that are reasonable in the circumstances.

### Auditor's Responsibility

Our responsibility is to express an opinion on the summarised financial report based on our audit which was conducted in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the summarised financial report is free from material misstatement. Our audit procedures in respect of the summarised financial report included testing that the information in the summarised financial report is derived from and is consistent with, the financial report for the year. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

### Independence

In conducting our audit of the summarised financial report, we have complied with the independence requirements of the *Corporations Act 2001*.

### Auditor's Opinion

In our opinion the information disclosed in the summarised financial report of Family Planning Queensland for the year ended 30 June 2011 is consistent in all material respects, with the financial report from which it was derived.

For a better understanding of the entity's financial position and performance and of the scope of the audit performed the summarised financial report should be read in conjunction with the financial report and the auditor's report thereon.

**BDO Audit (QLD) Pty Ltd**

**C J Skelton**  
 Director

Brisbane: 16 September 2011

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# Who we are

**FPQ takes great pride in its many dedicated staff members and their commitment to sexual and reproductive health for all.**

**Following is a listing of the staff members who have contributed to FPQ in the past year.**

## **25 - 30 Years Service**

Christine Payze  
Lynette Ford

## **20 - 25 Years Service**

Jennifer Tan  
Karen Stirling  
Kay Haig  
Peta Magrie  
Shona Charters

## **15 - 20 Years Service**

Fiona Mack  
Heather Lawson  
Holly Brennan  
Joanne Stewart  
Maxine Ketchell  
Melanie Grabski  
Nancy Cramond  
Rita Schurmann

## **10 - 15 Years Service**

Diana Earl  
Kay Strom  
Kerry Smith  
Sonya Megram  
Vivienne Taylor

## **5 - 10 Years Service**

Alison Noller  
Amy Williamson  
Angela Wunsch  
Anthony Walsh  
Caroline Harvey  
Caroline Hill-Murray  
Cecelia Gore  
Chee Young  
Danielle Haller  
Ellie McAlister  
Elvira Salom  
Erin MacDonald  
Georgina Livingstone  
Georgina Bell  
Gillian Schroeder  
Helen Crabtree-Spencer  
Helen Wiltshire  
Jodi Mauro  
Judy Graham  
Julie Adrian  
Julie Todhunter  
Karen Murdoch  
Kimberlee Wilson  
Lisa Harrison  
Liz Barber  
Liz Schluter  
Margot Kingston  
Marina Leonor  
Mary-Jane Stanley  
Maryna Brands  
Michael Rahe  
Michelle McNamara  
Odette Tewfik  
Rhonda Batic  
Robyn Wearne  
Robyn Kavanagh  
Rowena Prentice  
Sue Cordell  
Thecla Kitas  
Tina Amies  
Tracey Schultz  
Tracey Carr  
Wendy Bingham  
Yvonne Black  
Zaldy Bolneo

## **Up To 5 Years Service**

Alyson Alway  
Amale Hussein  
Ana De Los Reyes  
Analyn Wood  
Andrea dos Santos  
Angela Johnson  
Angela Sinclair-Ford  
Angela Carter  
Anna Catchpole  
Annabel Park  
Ashwag Mohamed  
Avau Iese  
Badrul Alam  
Bronwyn Gibbins - White  
Carol Cox  
Carol Doneathy  
Charlotte Woolley  
Chyrel Moyle  
Claire Palmer  
Claire Rogers  
Clare Oppy  
Daniella Fraser  
Deborah Steele  
Debra Nichols  
Debruoniva Richards  
Diana Bernard  
Donna Jackson  
Eileen Gordon  
Emily Farrell  
Emma Rice  
Fiona Robertson  
Genelle Spencer  
Heather Sinclair  
Heather Fageant  
Heidi Ann James  
Ifrah Mohamed  
Jacqueline Mein  
Jacqueline McLellan  
Jade Marshall  
Janelle Croft  
Janelle Weissman  
Jennifer Brett  
Jill Kelly  
Jillian Griffin  
Jillian McCabe  
Jillian Palmer Fokes  
Jo-Anne McCarthy  
Jocelyn Hopper  
Josephine Curr  
Julie Thomson  
Julie Martin  
Karen Hudson  
Kathryn Webb  
Katie Robbie

Katrina Waugh  
Kay Ekin  
Keer Kingston  
Keita Lilwell  
Keryn Henry  
Kim Godwin  
Kim De Lacey  
Kristen Lake  
Kristie LeClere  
Kylie Waldren  
Leah Upton  
Lula Hersi  
Lynda Joachim  
Mandy Stephens  
Marguerite Westacott  
Marie Beesley  
Marie Clair  
Marilyn Anderson  
Martyn Hyatt  
Maryanne Hambrecht  
Mattea Farrugia  
Melanie Cavanough  
Melissa Bates  
Milena Barbagallo  
Najet Charnley  
Natasha Milner  
Patricia Sparks  
Rachael Brennan  
Rachel Hanrick  
Rachel Marshall  
Rebecca Reidy  
Rebecca Gettins  
Rebecca Stewart  
Saba Abraham  
Sally Page  
Sandra Drury  
Sarah Shaw  
Shannon Rees  
Shanthie Goonetilleke  
Sheena Callaghan  
Sharelle Eggmolesse  
Sherelle Iuretigh  
Sheryl Petersen  
Shirley Chapman  
Simone O'Brien  
Sugantha Jagadeesan  
Susan Scott  
Tien Chapman  
Torie Dodd  
Tsitsi Maphosa  
Valerie Ingram  
Victoria Saunders  
Vonda McDougall  
Wendy Brodribb  
Wendy Drew  
Yvonne Chivers

# Where we work

## BRISBANE

100 & 106 Alfred Street  
Fortitude Valley QLD 4006  
(PO Box 215, Fortitude Valley QLD 4006)

**Clinic Phone:** (07) 3250 0200

**Education/Administration Phone:**  
(07) 3250 0240

**Email:** info@fpq.com.au  
www.fpq.com.au

## BUNDABERG

Education services only (no clinic)

Thabeban State School  
270 Goodwood Road  
Bundaberg QLD 4670  
(PO Box 4152, Bundaberg South  
PO QLD 4670)

**Phone:** (07) 4151 1556

**Fax:** (07) 4151 3264

**Email:** bundabergedu@fpq.com.au

## CAIRNS

Ground Floor Solander Centre  
182 Grafton Street  
Cairns QLD 4870  
(PO Box 1678, Cairns QLD 4870)

**Clinic Phone:** (07) 4051 3788

**Clinic Email:** cnsadmin@fpq.com.au

**Education Phone:** (07) 4031 2232

**Education Email:** cnsedu@fpq.com.au

**Sexual Assault Phone:** (07) 4031 3590

**Sexual Assault Email:** cnssexualassault@  
fpq.com.au

**Fax:** (07) 4031 6017

## GOLD COAST

Education services only (no clinic)

7 Short St, Level 3  
Southport QLD 4215  
(PO Box 1733, Southport MC QLD 4215)

**Phone:** (07) 5531 2636

**Fax:** (07) 5591 7585

**Email:** gcoastedu@fpq.com.au

## IPSWICH

Ipswich Health Plaza  
Bell Street  
Ipswich QLD 4305

**Phone:** (07) 3281 4088

**Fax:** (07) 3282 7088

**Clinic Email:** ipsclinic@fpq.com.au

**Education Email:** ipseducation@fpq.com.au

## ROCKHAMPTON

83 Bolsover Street  
Rockhampton QLD 4700  
(PO Box 11, Rockhampton QLD 4700)

**Clinic Phone:** (07) 4927 3999

**Clinic Email:** rckclinic@fpq.com.au

**Education Phone:** (07) 4921 3655

**Education Email:** rckedu@fpq.com.au

## SUNSHINE COAST

Education services only (no clinic)

Suite 4, 43-45 Primary School Court  
Maroochydore Qld 4558  
(PO Box 674, Maroochydore QLD 4558)

**Phone:** (07) 5479 0755

**Fax:** (07) 5479 0766

**Email:** scoastedu@fpq.com.au

## TOOWOOMBA

First Floor  
4 Duggan Street  
Toowoomba QLD 4350

**Clinic Phone:** (07) 4632 8166

**Clinic Email:** twbclinic@fpq.com.au

**Education Phone:** (07) 4632 8166

**Education Email:** twbedu@fpq.com.au

## TOWNSVILLE

Suite 2, 5 Castlemaine Street  
Kirwan QLD 4817  
(PO Box 4067, Kirwan QLD 4817)

**Clinic Phone:** (07) 4723 8184

**Clinic Email:** tvlclinic@fpq.com.au

**Education Phone:** (07) 4723 6597

**Education Email:** tvledu@fpq.com.au

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