Acknowledgements

FPQ sincerely appreciates the generosity of government departments, philanthropic foundations, individuals and corporations for their kind support. We also thank our clinic clients, members, course participants and other individuals who dig deeply to support our work.

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- Mt Isa Mines;
- Lions Club of Toowoomba Inc;
- Pfizer;
- Sit Down Comedy Club;
- University of Queensland Centre of Excellence for Behaviour;
- University of New England;
- bioCSL;
- Dr Marie;
- Sex Toys 247;
- Ipswich City Council;
- Bleeding Heart;
- Microsoft;
- University of Queensland Pharmacy Australia Centre of Excellence;
- Brisbane City Council;
- The Royal National Agricultural and Industrial Association of Queensland.

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- Department of Communities, Child Safety and Disability Services
- Department of Education, Training and Employment (Student Services)
- Department of Justice and Attorney-General
  - Office of Liquor and Gaming Regulation
- Queensland Health
  - Wide Bay Hospital and Health Service

Non School Organisations (NSO) Program, Department of Education, Training and Employment

Queensland Health

medicare local

Sunshine Coast Council

John Villiers Trust

Bayer

MSD

CHILDCARE PROTECTION WEEK

A U S T R A L I A N R E S P O N S I B L E S M A R K E T N G

A N D R O L O G Y A U S T R A L I A

M C D A

A R C

S A N T I O L O G Y A U S T R A L I A

AUDITORS INNOVATION

B E T T E R B U S I N E S S S T A T E M E N T

B E T T E R C O M M U N I T Y S T A T E M E N T


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As I reflect on the past year, we have a lot to celebrate. We delivered health care through more than 17,500 visits to our clinics around the state. We received numerous referrals to manage more complex contraceptive consultations including IUD and implant insertions, and contraception for those with medical conditions or with challenging social circumstances. In Toowoomba, we increased our capacity to offer contraceptive procedures in direct response to growing demand. In addition to providing health services, clinical training and placements, we held the first annual Reproductive Refresher. At this one day conference, we convened more than 60 clinicians to build skills in hot topics in sexual and reproductive health, with the support of Metro North Brisbane Medicare Local and other partners.

In FPQ’s education and training team, we piloted several online training sessions in the past year. This included webinars on sexuality and disability, FPQ’s Traffic Lights framework and personal safety and videos for the Sexual Health & Family Planning Australia doctor’s course, improving access to information to enhance clinical practice. FPQ’s education services received several awards for our work, including three 2012 Child Protection Week awards, two in the Education Initiative category, for the Creating Conversations Project and the Multicultural Women’s Health (FGM) Project and one for our regional partnership role with the Sunshine Coast Child Protection Week Committee. Of particular note, FPQ received the National Disability Award for Excellence in Improving Health Outcomes.

These successes would not be possible without the support of our partners, across sectors, with whom we collaborate to investigate community need and develop evidence-based approaches to improve health outcomes for all Queenslanders. I would also like to recognise my fellow FPQ Board of Directors and all staff for their dedication and significant contributions toward FPQ’s successes in the past year. In the pages ahead, I invite you to read about the ways that FPQ makes a difference, every day. If you’re as impressed as I am, play your part: become a member and join us on this journey towards sexual and reproductive health for all.

As Chairperson of the Board of Directors, I have the privilege of overseeing FPQ’s extraordinary services and programs around the state. FPQ proudly continues to be a specialist centre of excellence in sexual and reproductive health and education services, recognised both in Queensland and nationally.

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CEO’s report

I have the honour of having joined FPQ in May 2013 and together with the team have worked towards better understanding the environment in which we work as well as clearly defining the community need that we serve. With an increased risk associated with ongoing funding and our Reproductive Health Program grant due for review in June 2014, FPQ strives to provide a cost effective and efficient service for the community.

Our focus in the coming year will be to increase engagement with other health and community service providers from both government and nongovernment sectors, and to develop partnerships enabling the establishment of clear pathways for clients to access services that will best serve their needs.

The whole organisation is exploring how community need and flexible responses will shape our strategic agenda. We are in the process of revisiting our mission, vision and values and will adjust these to reflect who we are, what we do and the vision we work towards in 2013 and beyond. Ultimately FPQ’s team is dedicated to developing innovative practices and efficient solutions to deliver positive health outcomes.

Workforce Development Participants

<table>
<thead>
<tr>
<th>2012-2013 Total</th>
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</thead>
<tbody>
<tr>
<td>Medical Practitioners</td>
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<tr>
<td>Nurses</td>
</tr>
<tr>
<td>Teachers</td>
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<tr>
<td>Indigenous Health Workers</td>
</tr>
<tr>
<td>Disability Workers</td>
</tr>
<tr>
<td>Allied Health Workers</td>
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<tr>
<td>Other Non-Health Workers</td>
</tr>
<tr>
<td>Medical Students</td>
</tr>
<tr>
<td>Nursing Students</td>
</tr>
<tr>
<td>Teaching Students</td>
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<tr>
<td>Other Tertiary Students</td>
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<tr>
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Community Education

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<th>Total Participants</th>
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<tbody>
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<td>Primary School Children 12 yrs and under</td>
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<tr>
<td>Young People (13-24yrs)</td>
</tr>
<tr>
<td>People with a Disability</td>
</tr>
<tr>
<td>Aboriginal and Torres Strait Islander Peoples</td>
</tr>
<tr>
<td>Culturally and Linguistically Diverse People</td>
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<td>General Public</td>
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<tr>
<td>Other Targeted Groups</td>
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<tr>
<td>Parents</td>
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Age Of Clients

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<tr>
<td>55 Over</td>
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Clinic Consultations

<table>
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<tr>
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<tr>
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<td>Number of Visits</td>
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Clinic Services

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</thead>
<tbody>
<tr>
<td>Contraception</td>
</tr>
<tr>
<td>STI</td>
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<tr>
<td>Gynaecological</td>
</tr>
<tr>
<td>Pregnancy</td>
</tr>
<tr>
<td>Other</td>
</tr>
<tr>
<td>Unknown</td>
</tr>
<tr>
<td>Totals</td>
</tr>
</tbody>
</table>

2/3
the proportion of FPQ’s clinic clients from outside the Brisbane metropolitan area

1,516
long acting reversible contraceptives (LARCs) provided to FPQ clinic clients

6,300
Traffic Lights guide to sexual behaviours brochures sold
FPQ serves men and women from all walks of life, with a particular focus on young people. In fact, nearly one third of clients seen in our clinics are under the age of 25. FPQ is interested in reaching young people who often experience barriers to accessing sexual and reproductive health (SRH) services. Little is known about where young people access SRH services and their preferences for service delivery – and even less for those in rural environments. So in the past year, we took some time to seek an evidence-based understanding of the needs of young people in relation to SRH services. In partnership with James Cook University (JCU), we undertook research on access to SRH services for young people in rural and regional Queensland through investigating the acceptability and accessibility of services and markers of quality of service delivery as defined by both young people and service providers.

A survey was completed by 390 young people and 29 service providers were interviewed. The four most important factors for young people accessing SRH services were: friendly, non-judgmental staff who listen and are easy to talk to. Young people rate these aspects as more important than structural factors such as opening hours, cost and gender of provider. This was the case even when analysed by age, gender and Indigenous status of the survey respondent.

FPQ supports the rights of young people to freedom of sexual expression and firmly believes that all people have the right to be safe from harm at all times. In the clinical consultation context, where a young person who is sexually active is being seen by a clinician, issues around suspected harm, consent, and rights to confidentiality can be complex to assess. FPQ has a solid framework and guiding policies for managing a consultation with a young person which includes a comprehensive HEADSS (tool for assessing health and wellbeing) and risk of harm (ROH) assessment, youth friendly resources, a drop in clinic and bulk billing. This framework is used in FPQ training of general practitioners (GPs) and other health practitioners.

In 2013, FPQ’s annual Ekka clinic will enable rural and regional young people to access sexual and reproductive health care on site at the RNA showgrounds. The Healthy and Respectful Relationships Today (HARRT) stall is a partnership between FPQ, Goondir Health Service, Royal Flying Doctor Service, Queensland Country Women’s Association, headspace and YWCA Queensland. Young people will be able to have a sexual health screen, talk to someone about relationships, alcohol and other drug use and mental health issues. Throughout the year, young people can access affordable and confidential services from FPQ’s regional centres.
Research collaborations improve clinical practice

FPQ’s continued involvement in collaborative research projects investigates factors that contribute to best practice in sexual and reproductive health (SRH) service delivery. In 2012, FPQ again partnered with the Sydney Centre for Reproductive Health Research at Family Planning NSW in a new clinical trial investigating treatment options for women with problem bleeding patterns using the contraceptive implant, Implanon NXT® and an ongoing prospective study on copper IUDs.

The ACCESS enhanced surveillance chlamydia project continues to collect data on testing patterns and chlamydia positivity rates from FPQ and other family planning clinics across Australia, and FPQ has participated in further studies in 2012-2013. FPQ is pleased to have worked with researchers from both the Kirby and Burnett Institutes on a clinician survey and focus groups, investigating chlamydia testing, retesting and contact partner management practices in family planning clinic settings.

Regional highlight: Toowoomba

FPQ’s Toowoomba centre began 2013 with a refurbished clinic, which included a new clinical room and new doctors to go with it. These small but important renovations have increased Toowoomba’s capacity to meet community need, reducing long waiting lists for clinic appointments, and meeting the increasing demand for contraceptive services, particularly for long acting reversible contraceptives (LARCs) such as IUDs and Implanon NXT®.

This past year Toowoomba West Lions Club chose FPQ as a beneficiary of their annual Melbourne Cup fundraiser. Tammy Wright, local Lions member, stated “The Lions Club is deeply committed to supporting organisations that go to lengths to help others in the community. We are pleased to support FPQ.” The money donated was used to furnish the newly renovated foyer, purchase new linen for the clinic rooms and also paid for the delivery of a workshop to the WADDUP participants (an Aboriginal and Torres Strait Islander Children’s group). The remaining money has been set aside for the collaborative toilet door health promotion campaign project currently in train, with Toowoomba Regional Council.

“I became a client of Family Planning as a scared 18 year old. I am now 52 years old and recommend Family Planning to every woman I know. I have always felt so at ease and welcomed...and love the fact that no matter what age you are they are still just as attentive as ever.”

Toowoomba clinic client
FPQ’s Cairns Sexual Assault Service

The Cairns Sexual Assault Service (CSAS) has always worked with children, young people, and their families – anyone impacted by child sexual abuse. The funding was tied to supporting families who have no contact with Child Safety Services, or, with support, would be diverted away from having contact. This made it difficult for children and young people on long term orders, or having ongoing contact with Child Safety Services, to access counselling and support for experiences of sexual abuse.

In December 2012, CSAS was funded by the Department of Communities, Child Safety and Disability Services to extend and expand our services to children and young people with ongoing Statutory Care involvement. The service is funded to provide support to those who have experienced sexual abuse, display problematic sexualised behaviours, and, a first for CSAS, to provide support and interventions to young people who have engaged in sexually abusive behaviours. The service became operational in early March 2013, has employed two counsellors and is providing services in Cairns, Atherton, Innisfail and Yarrabah.

In December 2012, Cairns Sexual Assault Service received funding from the Department of Communities, Child Safety and Disability Services to expand our services to include children and young people with ongoing Statutory Care involvement.

The expanded service works to prevent placement breakdown, and through therapeutic support, contributes to greater stability of placement, improved chances of safe attachment, restored belonging and connection, and increased capacity for these children to have respectful relationships in the future.
Training improves health and wellbeing in Gympie

FPQ’s Sunshine Coast team partnered with Sunshine Coast Medicare Local in a pilot project to support the sexual and reproductive health of Aboriginal and Torres Strait Islander young people in Gympie. The Gympie Project used a culturally appropriate, holistic community development approach.

The project included a range of professional training and community workshops. Activities included: sexual and reproductive health professional development for general practitioners (GPs), nurses and school based nurses; workshops for young people; nationally recognised training for foster carers; a camp for girls, mentors and Aunties; health and wellbeing partners’ forum; and a sexual health awareness workshop for youth workers, school based nurses and disability workers. The project was made possible through the contributions of many partners including community Elders, North Coast Aboriginal Corporation for Community Health (NCACCH), Queensland Injectors’ Health Network (QuIHN), Contact Tracing, Queensland Health Clinic 87, Aboriginal & Torres Strait Islander Health Team, Focus Health Network, Anglicare TRACC, Cooloola Aboriginal Services Inc and Community Solutions, among others.

The University of the Sunshine Coast will evaluate the project to ensure that outcomes of this project are monitored and recommendations are made for future work in this area.

Hybrid course increases training access for rural and remote doctors

The Sexual Health & Family Planning Australia (SH&FPA) Certificate in Sexual and Reproductive Health for doctors is run in regional centres every year, often in partnership with general practitioner (GP) training organisations.

In November, FPQ partnered with Tropical Medical Training (TMT) to bring the six day course to Townsville, with a full training cohort of 18 Queensland Health doctors, GPs and GP registrars attending.

New this year, FPQ is working with Queensland Rural Medical Education (QRME) to create a hybrid course, including both online and face to face sessions. The hybrid course strives to increase accessibility of the course, particularly for those doctors living in regional and remote communities. Ultimately, the course will be comprised of 3-4 days of self-directed learning online, and 2-3 days of face to face sessions. Work on the online component will continue into 2013.

“Excellent course – information provided was up to date, evidence-based, holistic, practical and clinically relevant. This course should be compulsory for all GP trainees.”

Course participant
Nurse training

Nurse training is vital to improving the health care sector’s capacity to effectively deliver sexual and reproductive health care for people around the state. FPQ continues to offer a high standard of theoretical, clinical and practical training in a variety of formats. FPQ’s training ranges from the self-directed learning package, Introduction to sexual and reproductive health, to face to face multiday courses in Clinical aspects of sexual and reproductive health, and the Pap smear provider module, which is the most widely subscribed course with 90 nurses attending the six courses run last year. In addition to these core courses specifically designed for nurses, midwives and Aboriginal health workers, nurses have recently started to undertake Implanon NXT® training and also attended broader health professional training including the Contraception Overview workshop, Adolescents and sexual health in general practice (CONNECTIONS) workshop and FPQ’s Reproductive Refresher.

Nurse training is offered throughout the year. View FPQ’s training calendar www.fpq.com.au/events/ for upcoming courses.

Rural Doctors Association of Queensland workshop

FPQ provided a one day preconference Women’s Health workshop as a new addition to the Rural Doctors Association of Queensland (RDAQ) conference program this year, held in Mackay. The workshop was booked to capacity and covered menopause, contraception (including Implanon NXT® training), cervical screening and sexual health. Participants came from Queensland Health and general practice, and included very experienced clinicians holding senior positions in their regions.

89% of Pap smear provider module participants submitting the course assessment rated the outcome of increasing their knowledge of cervical screening policy, promotion and practice issues as “excellent” with the remaining 11% rating the course as “good”.

“I could not suggest any further improvements as FPQ Brisbane/Rockhampton were very professional and highly skilled in what they teach. WELL DONE.”

Pap smear provider module participant

**Clair Scott and Jennifer Lang with their Pap Smear Provider course certificates**
Staff from FPQ’s education and health professionals training teams collaborated with external agencies over the past few years to present webinars. In 2013, FPQ began using WebEx in house to deliver our training in this accessible, online format.

Webinars or web conferencing provide another option for people to access FPQ training from anywhere with a computer with internet connection. Sessions are from one to two hours and allow participants to meet and work together; view information, websites and resources; and communicate via typing, talking or video. This option is especially important to professionals, parents and carers living in regional and remote areas where access to face to face training is limited.

FPQ presented the first in a series of webinars for professionals, parents and carers in June. The first webinar, Feel Safe: for parents and carers of children aged 0-5, included participants from Cairns, Rockhampton, Maryborough, Bundaberg and Brisbane.

This online training will continue to improve access to FPQ information, enabling us to support the sexual health and relationships of more individuals, families and communities across Queensland.

Traffic Lights Master Classes: Working with children and young people with problem sexual behaviours

Responding to requests for advanced training in FPQ’s Traffic Lights framework, Master Classes cater to senior practitioners and professionals who have a case management role working with children, young people and their families.

In 2013 Judy Graham, Coordinator of Learning and Development projects and co-author of Is this normal? Understanding your child’s sexual behaviour, presented practice based Master Class workshops. The Master Classes add to the suite of Traffic Lights training and resources FPQ provides in relation to sexual behaviours of children and young people.

By engaging with child protection professionals through the Master Classes, FPQ continues to build a strong professional network of practitioners addressing sexual behaviours. 54 professionals from the child protection, disability and early childhood sectors participated in 2013. Following this initial success, Master Classes will be offered around the state in the coming months.

“I loved the relevance of case study examples, simplicity of model that is so effective and fills so many gaps in understanding how to deal with sexual behaviours.”

Traffic Lights Master Class participant

Webinar launch increases access to training

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Endeavour Foundation and FPQ launch Looking after me

Looking after me – sexual health and relationships was a partnership project between FPQ and the Endeavour Foundation to provide information, education and resources about sexual health and wellbeing to people with a disability and those who care for them. The project provided sexual health and relationships education and training to 150 people, including parents and carers, professionals, young people and adults with a disability. Resource packs were provided to all participants, so that the impact of the project will be sustained beyond the life of the project.

This project was made possible through the Metro North Brisbane Medicare Local grant. The Metro North Brisbane Medicare Local believes in a community where good health is available to everyone. The Metro North Brisbane Medicare Local improves access to health care for communities across Brisbane’s north and Moreton Bay by providing innovative approaches to coordinate health care services.

This project improved sexual health and relationship outcomes for people with a disability by strengthening partnerships between sexual health services and organisations that support people with a disability.

Supporting rural and remote people with a disability

Funded by Department of Communities, Child Safety and Disability Services, the design and delivery of this project was a collaborative process between FPQ and the Local Area Coordinators working in the three target regions of Weipa, the Cassowary Coast and the Northern Peninsula Area. The project worked to increase access to sexuality and relationships education for people with a disability living in rural and remote areas.

The project design in each area was influenced by a range of factors including the age and gender of the clients, their support networks, educational avenues, language and communication needs and comfort discussing relationships and sexuality. The project delivered a range of activities including professional development for service providers and teachers, individual consultations, parent and carer groups and a full day workshop for adults which combined nutrition, cooking and sexuality education.

Many future opportunities were identified through the course of the project and FPQ looks forward to continuing this work.

Every body needs to know special education project: supporting students with a disability

FPQ supports students with a disability from around the state to receive sexuality and relationships education (SRE). Supplementary funding from the Non School Organisations (NSO) Program, Department of Education, Training and Employment, enables FPQ to work with regional schools to provide a combination of services that are flexible and responsive to the specific needs of local students with a disability, their families and teaching staff. We deliver direct education for students with a disability coupled with professional development for teachers and support for parents and carers. This includes:

- SRE class lessons or individual education for students
- professional development for teachers and specialist support staff
- FPQ educator team teaching with the classroom teacher
- reflective practice, evaluation and support
- supporting the school to present parent and carer sessions
- consultation and support in responding to sexual behaviours

During 2012-2013, approximately 400 students with a disability received sexuality and relationships education through this project. These students are from metropolitan centres as well as rural and remote areas such as Gatton, Murgon, Emerald and Mt Isa.
Teacher networks: supporting each other to support students with a disability

Following involvement in the FPQ Every body needs to know special education project, an exciting collaboration has emerged with teachers and schools that are implementing sexuality and relationships education (SRE) for students with a disability. An SRE special education teacher network has been formed, and thanks to the dedication of Calamvale Special School teacher, Tanya Jolly, and Head of Curriculum at Aspley Special School, Carl England, it has really taken off. Tanya and Carl have played pivotal roles in driving the development of the network.

FPQ was pleased to host the first face to face meeting where over 20 educators came together to discuss SRE and students with a disability. Tanya says her enthusiasm for the work comes from “building confidence among staff so that every child has access to sustainable and good quality SRE from a teacher that they know and trust.”

The teachers in the network meet to share professional practice and SRE resources with peers in the Brisbane region.

In describing the importance of the network and sharing SRE resources online, Carl said,

“It was particularly timely given the emergence of the Australian curriculum and its influence on the program offerings of schools. Building capacity of staff and schools to deliver suitable SRE programs for students with a disability is part of a process to initiate a systemic approach to SRE for students with a disability in Queensland.”
Workshops with Northern Queensland Commonwealth Respite and Carelink Centre

This year FPQ was privileged to work with the Northern Queensland Commonwealth Respite and Carelink Centre (CRCC) in Mackay. Over two days, 40 people attended FPQ workshops specifically designed for parents, carers and professionals who support young people with a disability. The workshops covered strategies and resources for talking about sexual health, private body parts, puberty, personal safety and healthy relationships. The workshops were a great success. FPQ looks forward to continuing to work with parents, carers and professionals in regional Queensland to support the sexuality and relationships education needs of young people with a disability.

“This is the second time CRCC Mackay has been fortunate enough to bring this workshop to Mackay and we did this to meet the needs of our carers and service providers. Feedback from the workshops was very positive and included highlighting the benefits of meeting with others going through similar issues. The workshops were interactive, reflective and varied. The FPQ presenter was very knowledgeable and had a great understanding for carers.”

Allison Walsh, Carer Support Officer who organised the training based on expressed need from the community.

Office of the Public Advocate meets with FPQ

In March, FPQ was pleased to host a meeting with Jodie Cook, the Public Advocate. The Office of the Public Advocate plays a key role in ensuring Queenslanders with impaired decision making capacity have their rights, autonomy and participation protected and promoted.

FPQ works hard to protect the sexual health and relationship rights of people with a disability. Since the meeting, FPQ has become involved in supporting a research agenda within the Office of the Public Advocate to explore how the sexual health and relationships rights of people with impaired decision making capacity can be supported by services within the current legislative framework. This is a key issue for disability service providers and FPQ feels privileged to play a part in advancing this agenda.
The Multicultural Women’s Health (female genital mutilation or FGM) Project advances the health literacy of communities affected by FGM and improves women’s sexual and reproductive health. The FGM Project delivers information sessions to health professionals and antenatal care staff and provides ongoing cultural consultation. The project delivers cultural and health awareness workshops for midwives at hospitals across Queensland, and has expanded its reach to match the regional demographic changes of refugee settlement in Toowoomba, Cairns and Townsville. We receive positive feedback from health professionals about our effectiveness in increasing their cultural awareness and improving their communication skills. We help health professionals create safer, more comfortable and accessible services for FGM affected communities to access health care, leading to better health outcomes.

In addition to our extensive work with health professionals, we continue our work with affected communities, traditional leaders and religious leaders, so they can all play a part in preventing FGM. These stakeholders support and appreciate the value of the project in educating communities and improving their ability to navigate the health system. FPQ’s male and female Multicultural Community Health Educators (MCHE) are trained to provide information in the communities’ languages to overcome barriers of language and culture. The project increases awareness about the illegality and negative impacts of FGM. The project succeeds in encouraging women to talk about sexual health and discuss issues relating to other taboo subjects.

The project also approaches affected communities through different events. In the past year, we held information booths at Youth Settlement Week, Queensland African Communities Council Festival, FGM National Summit in Canberra, and the Women’s Health Conference in Sydney, to name a few.

The Multicultural Women’s Health (FGM) Project continues to demonstrate how community involvement coupled with health professional training can transform health system responses and improve health outcomes for disadvantaged communities in Queensland. The project has been funded by Queensland Health since 1996.
Odette Tewfik wins International Women’s Day award

Women’s Federation for World Peace (WFWP) and Believing Women for Culture of Peace (BWCP) celebrated International Women’s Day 2013 at Parliament House in Brisbane. The inaugural International Women’s Day Peace Awards 2013 were presented to celebrate achievements of Queensland women. Congratulations go to Long Term Achievement award winner, Odette Tewfik, Coordinator of FPQ’s Multicultural Women’s Health (FGM) Project and to all other award recipients.

FGM Project wins Celebration of African Australian National award

Odette Tewfik, Coordinator, attended the Celebration of African Australian National Awards ceremony to accept an award in recognition of FPQ’s Multicultural Women’s Health (FGM) Project. The FGM Project was recognised for its exceptional achievement in educating the community and helping to eliminate female genital mutilation (FGM) practice, whilst encouraging social inclusion by educating parents about health without offending their culture. The awards were presented at Parliament House in Canberra.
FPQ presents to Queensland Child Protection Commission of Inquiry

As a result of FPQ’s and our team of experts’ reputation in the field of child protection, Holly Brennan OAM was invited to present before the Queensland Child Protection Commission of Inquiry.

FPQ made two submissions – *Children and young people: Problem sexual behaviours, access to sexual health services, access to sexuality and relationships education* and *Children and young people with a disability, sexual abuse and sexuality and relationships education* – to the Commission of Inquiry. The Commission was established to review Queensland’s child protection system and chart a road map for child protection for the next decade. FPQ is committed to providing input to help shape strategies that will improve child safety. Both submissions are available on www.fpq.com.au/media/position_statement.php

Compared to other young people, children and young people in care have:

- higher rates of earlier onset of sexual activity
- higher rates of STIs and earlier pregnancy and parenting
- higher rates of sexual abuse including participation in sexual exploitation through sex work
- higher rates of problem sexual behaviours and sexual behaviours that cause concern
- less recorded access to sexual health services and sexual health information.

Protection Thru Play

Each month two FPQ staff visit 11 playgroups located in Mount Morgan, Gracemere, Kabra, Rockhampton and Yeppoon. Nine playgroups cater for children aged 0-6 years and two groups are designed for 6-12 year olds with a disability. FPQ provides families with fun, hands on activities and resources on a range of protective topics from sun and water safety to feelings and understanding which body parts, places and behaviours are public and private.

These activities are a part of the Protection Thru Play Project, launched by FPQ’s Rockhampton education team in November. Protection Thru Play is a Communities for Children project, an Australian Government Initiative funded by the Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA) and facilitated by The Smith Family in the Rockhampton LGA.

All project activities and resources are free for playgroup participants. FPQ will continue to directly support all of these play groups through to June 2014.
Mount Morgan United Project

Mount Morgan United brings community members together with learning opportunities to strengthen the capacity of local residents and service providers to deliver the best possible outcomes for children in Mount Morgan.

Parents, carers and kinship networks are encouraged to take an active role in supporting children’s access to opportunities in the community to assist them to reach their potential. All project activities have been developed as a result of feedback received from community and workforce surveys.

Mount Morgan United is a Communities for Children project, an Australian Government Initiative funded by the Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA). The Smith Family is the Facilitating Partner for Communities for Children in the Rockhampton LGA. It employs a strength based community development approach to facilitate a community of practice among those working with young children. It is centred on the principles of the Early Years Learning Framework for Australia.

Youth Partners Sexual Health & Relationships Education Project – Sunshine Coast

Funded by nib foundation, this project has delivered two nationally recognised training courses to employees and volunteers from seven youth organisations and TAFE students. FPQ, alongside youth workers from five partner organisations, will design and implement sexuality and relationships education for their young clients. It is expected that over 100 young people will receive this education in 2013, designed and delivered by the workers who know them best.

The Youth Partners Project uses a community development and interactive education model to engage with key workers from youth organisations, including young people aged 17-25 years, and supports them to facilitate a community based, low literacy life skills and sexual health program for youth aged 13-16 years in the Sunshine Coast/Gympie region.

This project has also received assistance from the Sunshine Coast Council grants program to provide sexuality education resources to all of the partner organisations: Police Citizens Youth Club (PCYC), United Synergies, Community Solutions, Integrated Family & Youth Service (IFYS) on the Sunshine Coast and Community Action youth service in Gympie.

"Thank you for providing such a great project which will involve the community and increase community awareness, education and overall wellness."

Youth worker

FPQ’s Ellie McAllister with Nathan Andrews from Community Solutions and Nikki Watkins from United Synergies
Sexuality and aging

Society often views older people as asexual; surprisingly there are still taboos around sexuality and old age. Even though research shows that the majority of older people are sexually active, it is a neglected area of sexual health. In response, FPQ’s Gold Coast education team launched a pilot project offering sexuality and relationships education to older people, thanks in part to a small grant from Sex Toys 247. To date, sessions have been held for women cancer survivors and community nurses at an aged care organisation. Feedback has been very positive. FPQ is committed to supporting healthy sexuality and relationships across the lifespan. We look forward to the opportunity to expand partnerships with community groups serving mature adults.

FPQ is committed to supporting healthy sexuality and relationships across the lifespan, as evidenced by our work with young children about bodies and staying safe through to work with mature adults about sexuality and aging.

Bringing sexuality and relationships education to Papua New Guinea

In response to parent demand, FPQ educators from Cairns and Townsville travelled to Lihir, an island in the New Ireland Province of Papua New Guinea to deliver sexuality and relationships education with the Lihir International Primary School (LIPS). LIPS is a small, vibrant school catering for the gold mining community and working within the Queensland Curriculum, serving national and expat families. A parent session, professional development for teachers and teacher aides, and family education sessions were held, focussing on personal safety skills, puberty and reproduction. While in the area, FPQ educators delivered sessions on consent and respectful relationships, reproduction and contraception options to the local secondary college and educational resource centre.
Sunshine Coast Aboriginal and Torres Strait Islander Young People’s Sexual Health Project

This project, funded by the Australian Government through their Office for Aboriginal and Torres Strait Islander Health, uses a community development approach to improve the sexual health outcomes for Aboriginal and Torres Strait Islander young people in the Sunshine Coast region.

During 2012-2013, outcomes include:

• Contributing to the development and delivery of the Caring for Our Mob Certificate III in Community Services Work, in partnership with Sunshine Coast TAFE and other government and nongovernment agencies. FPQ presented Sexual Health – Let’s Yarn about It! as part of this course.

• Youth leadership skills development through Sunshine Coast Black Swans’ meetings, camps and cultural activities, in collaboration with Queensland Health Cultural Healing Team, Police Citizens Youth Club, United Synergies and Department of Aboriginal & Torres Strait Islander & Multicultural Affairs.

• Sexually transmitted infection (STI) testing at Wanna Be Deadly touch football carnival.

• Health workshop at camp for young people.

• Sexual health training for community and youth workers.

• Participation in strategic meetings such as the National Aboriginal and Torres Strait Islander Health Plan consultation in Brisbane, the National Aboriginal and Torres Strait Islander Sexual and Reproductive Health Symposium in Adelaide and Sunshine Coast Medicare Local sponsored focus groups in Gympie and Sunshine Coast.

Caring for Our Mob is the first Certificate III in Community Services Work that has been designed specifically for Aboriginal and Torres Strait Islander students and the first to include a unit on sexual and reproductive health promotion.

Caring for Our Mob was a finalist of the Health and Community Services Council Workforce Innovation Award for Innovation for Education/Training Providers.
Wellness and Wellbeing Project

Wellness and Wellbeing is a multifaceted project that uses a preventative and early intervention approach to address some of the complex impacts of family violence, intergenerational abuse and neglect on Aboriginal and Torres Strait Islander children. The project is one of several Communities for Children programs facilitated in the Rockhampton Local Government Area by the Smith Family. Communities for Children (C4C) is an Australian Government Initiative funded by the Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA).

The project’s four components include:

• providing local support organisations with networking and learning opportunities to strengthen collaboration and integration of services for their clients, through conferences

• improving communication between family members through physical challenges and discussion activities held over two family weekends

• nurturing child expression through cultural experiences, enabling them to connect to relevant and meaningful cultural practices, while offering a conduit for learning about personal safety and healthy relationships

• children’s art therapy, culminating in the creation of a safety themed storybook in partnership with a local Indigenous artist and author

All creative therapies with children, family support activities and professional development for professionals working to support Aboriginal and Torres Strait Islander clients are offered at no cost to these key groups, thanks to the C4C funding.

As a part of the project, FPQ hosted the Wellness and Wellbeing Conference in Yeppoon in May, with 31 delegates in attendance. The conference provided professional development and networking opportunities for Aboriginal and Torres Strait Islander support networks in Woorabinda and the Rockhampton LGA as well as with staff from FPQ’s Rockhampton centre. Guest speakers included Emeritus Professor Judy Atkinson and Loretta George. A second conference for organisations in the Rockhampton LGA will be held in March 2014.
Sex Essentials

This year the Sex Essentials crew became TV stars.

In Cairns, staff from FPQ, Cairns Sexual Health and representatives from local youth organisations were breakfast television stars running their own program called Too easy Australia. The participants became a vocal studio audience watching sexual health messages delivered as segments of the morning show. Reports included the sexually transmitted infection (STI) weather update, featuring STI statistics in the region, the movie review showcasing sexual health resources and documentary exposés on vaginal infections, young people, gender diversity and a TV soap demonstrating helpful counselling techniques after disclosure of sexual assault.

The event has expanded to become a regional road show visiting Innisfail and Atherton in 2013-2014, thanks to the support of MSD. Events include a workshop for nurses and doctors on gender diversity, STIs, HIV and contraception.

FPQ’s 40th birthday around the regions continues

In October, FPQ’s Sunshine Coast team hosted a dinner themed “Sex and pleasure” to celebrate FPQ’s 40 years of service. Attending this female only event were women from diverse backgrounds, family and friends. Dr Kay Haig from FPQ’s Cairns centre, ABC Coast FM presenter Annie Gaffney and speaker and confidence coach Di Riddell entertained all 70 women in attendance. The evening concluded with musical comedian Jenny Wynter’s fabulous and funny anecdotes.
“Let’s talk about sex....” Comedy gala event

Ever wondered what blokes really think about sex and relationships? Over 100 people got the chance to find out, in a great night of laughs for a good cause, at the “Let’s talk about sex...” comedy gala at the Sit Down Comedy Club, Paddington Tavern in May.

The show featured 11 of Brisbane’s funniest men -- Lindsay Webb, Mike Van Acker, Sean Choolburra, Greg Sullivan, Damien Power, Steven J Whiteley, Joel Bryant, Desh, Sam Bowden, Jordan Schulte, Sidney James and included the fabulous Jenny Wynter as MC. All the comics performed comedy around the theme of sex and relationships and each brought their own unique perspective. Proceeds from ticket sales were donated to FPQ.

The show was filmed as part of the Blokes Talking Project. This innovative and original project is seeking to tackle the difficult subject of how to get young men thinking and talking about sexuality and sexual health. By engaging a range of male comedians, and filming both the comedy performance and interviews, the project aims to provide role models, and break open the subjects of sexuality, relationships, pleasure, consent, development and sexual health.

The comedy and interview footage will be edited together to produce a series of short video clips, which will be posted online to encourage communication about sexuality, sexual health and relationships among young men. The show would not have not been possible without the generous support of sponsors Ansvar Insurance, Andrology Australia and the Sit Down Comedy Club.
Queensland Child Protection Week awards

FPQ received a Queensland Child Protection Week Education Initiative award for the Creating Conversations Project and for the Multicultural Women’s Health (FGM) Project. The Community Initiative award went to the Sunshine Coast Regional Child Protection Week Committee, of which FPQ’s Sunshine Coast team plays a key part.

Creating Conversations was a free FPQ program designed to support families with children and young people with a disability in the Central Queensland region, offered from June 2011 to April 2012.

The Multicultural Women’s Health Project mobilises health professionals, religious and traditional leaders through education and information to build community awareness and prevent female genital mutilation (FGM). Since 1997, FPQ has led the statewide FGM Project in partnership with affected communities.

Since 2003, the Sunshine Coast Regional Child Protection Week (CPW) Committee has been committed to keeping child protection on the agenda, delivering high quality events to acknowledge and promote CPW across the region. FPQ is one of several partners who serve on the committee each year to promote child protection.

The Creating Conversations Project was funded by the Department of Communities (Disability Services). The Multicultural Women’s Health Project is funded by Queensland Health.

Kymberly Kay, Miss NAIDOC award winner

Kymberly Kay, from FPQ’s Sunshine Coast education team, was crowned inaugural winner of the Miss NAIDOC Brisbane Model Search at a Musgrave Park family fun day. Kymberly was particularly interested in entering the contest given its community focus. She explains, “…my main motivation with Miss NAIDOC was to be a role model. Contestants were involved with activities that promoted healthy living for Indigenous people.”

Kymberly Kay, Miss NAIDOC award winner

2012 Queensland Child Protection Week awardees with Minister for Communities, Child Safety and Disability Services, Hon Tracy Davis
AWARDS & RECOGNITION

National Disability Award

FPQ received the Excellence in Improving Health Outcomes Award and was honoured at the National Disability Awards ceremony in Canberra. FPQ was recognised for its innovative initiatives in the field of sexual and reproductive health services, ensuring people with disability have access to the information and resources they need to make informed choices about their sexuality and reproductive health. One specific project that was applauded is Creating Conversations, for families with children with a disability, which was the recipient of a Queensland Child Protection Week award as well.

FPQ’s Ruby Roll of Honour

While FPQ was the proud recipient of key national and statewide awards in the past year, we also took time to celebrate others who have been pioneers in our area of work. Inductees to FPQ’s Ruby Roll of Honour were revealed at a celebration held at The University of Queensland School of Pharmacy, Pharmacy Australia Centre of Excellence.

The Ruby Roll of Honour recognises pioneers who have played a pivotal role in creating conversations about family planning, sexual health, reproductive health, women’s health, healthy relationships and child protection across sectors over the past 40 years, and was initiated as part of FPQ’s 40th birthday celebrations in 2012. The inductees include:

- Dr Jennifer Sanderson
- Miriam Taylor Gomez
- Queensland Association for Healthy Communities volunteers
- Beryl Holmes
- Rural Women’s General Practice Service (RWGPS) of the Royal Flying Doctor Service
- Mobile Women’s Health Nurses
- Jennifer Muller, PSM
- Dr Patricia Fagan
- Professor Ian Frazer

These names were added to those recognised in the inaugural Roll of Honour in 2009, as leaders and champions in sexuality and relationships education in Queensland. FPQ congratulates all honourees for their determination and extraordinary contributions to a healthier Queensland.

In 2012, FPQ received the Excellence in Improving Health Outcomes Award and was honoured at the National Disability Awards ceremony in Canberra.

Senator McLucas & FPQ’s Georgina Livingstone

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AMA Queensland hosts *Contraception: an Australian clinical practice handbook* launch

While the majority of contraception consultation takes place in general practice, GPs don’t always have the right information at their fingertips to provide evidence-based contemporary clinical information to match a woman’s contraceptive needs. The national desk reference, *Contraception: an Australian clinical practice handbook*, was born out of a partnership between Family Planning NSW, Family Planning Victoria and FPQ. The Handbook was co-authored by FPQ’s Medical Director, Dr Caroline Harvey. In November, Australian Medical Association (AMA) Queensland, the peak body for doctors, played their part to help enhance doctors’ everyday practice by hosting the launch of the latest edition of the Handbook. Thanks to AMA Queensland for graciously hosting and MSD for generously catering refreshments, the event was well attended by influential doctors.


Inaugural FPQ annual conference: Reproductive Refresher

In response to demand from clinicians across the state wanting to update their skills in sexual and reproductive health, FPQ launched its first annual conference, the Reproductive Refresher, with support from Metro North Brisbane Medicare Local and others. More than 60 general practitioners (GPs) and other doctors, mobile women’s health nurses, sexual health nurses and general practice nurses attended the sold out event. The Reproductive Refresher delivered an update on timely topics in women’s reproductive health, offering a mix of presentations and small group workshops, and provided RACGP QI & CPD and RCNA points. Participant evaluations were overwhelmingly positive and 100% of participants said they would attend this event again. FPQ plans to hold its 2014 Reproductive Refresher in a larger venue to accommodate the high demand.

"The update was beneficial for me as I work in a remote setting and it is difficult to access this type of update on a regular basis due to financial constraints, travel etc."

Reproductive Refresher participant
**Contraception choices brochure now available in multiple languages**

Access to contraception is the cornerstone of women’s health. Everyone has the right to information about and access to safe, affordable contraceptive choices. To increase access to information about contraception, FPQ’s Multicultural Women’s Health Project recently translated the Contraception choices brochure into five African languages including Amharic, Arabic, Dinka, Somali and Tigrinia.

The brochures are available online: www.fpq.com.au/publications/fsBrochures/Br_Contraception_Choices_Other_Language.php

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**New Teaching Units in sexuality and relationships education for Years 5-10**

FPQ is committed to building teachers’ skills and confidence to help students to be healthy and productive citizens with the skills and readiness to engage with changes they will experience, through puberty and beyond.

FPQ released Teaching Units by year level to update and streamline learning packages for teachers. Units for Years 5-6, 7, 8 and 9-10 are now published and available for purchase. Individually packaged, these Teaching Units, mapped to QCAR Essential Learnings, ACARA HPE Shape Paper and the Australian Curriculum General Capabilities are delivered electronically in pdf format to make it easier for teachers to use in classrooms. All units include a unit outline, learning activities and assessment tasks.

FPQ also published Teaching sexuality and relationships education (SRE) support materials, which can be used to support implementation of any of the Teaching Units or your own lesson plans in SRE. These are available for free online at FPQ’s Teacher Resource Centre (TRC) www.fpqteachers.com.au/supportmaterial.pdf

Our new unit on technology and sexting for Years 9-10 will be out in 2014.

Individually packaged by year level, FPQ’s new Teaching Units make talking about puberty, healthy sexuality and relationships a breeze.

**These include:**

- **Changes ahead:** Teaching Unit for years 5-6
- **Me, my family and friends:** Teaching Unit for year 7
- **Media mayhem and reality bites:** Teaching Unit for year 8
- **Making sense of sex and relationships:** Teaching Unit for years 9-10

Safe is...

In November, FPQ launched a new personal safety teaching resource called Safe is... To develop this resource, FPQ brought together children from The Aboriginal and Islander Independent Community School in Brisbane, their teachers, school support staff, artist Bronwyn Bancroft, author Leonie Norrington and FPQ educators to explore the issue of sexual abuse prevention in a positive and proactive way.

Safe is... showcases students’ creative artworks and stories. Safe is... provides support documentation, teaching tools and lesson plans as well as a sexual abuse prevention program checklist. It describes the whole school approach we used, outlining the process behind the project with the hope that other schools and services will be inspired to find ways to address sexual abuse in their community. A vodcast of the project was created and has been used to share the project story as well as to promote the importance of sexual abuse prevention programs. It can be viewed on www.fpq.com.au/education/safeis.php

So far, 1,300 books have been distributed across Queensland to individuals and organisations such as the Indigenous Schooling Support Unit, Queensland Aboriginal and Islander Heath Council, and the Queensland Aboriginal & Torres Strait Islander Child Protection Peak.

The Safe is... book was designed by Gilimbaa, An Indigenous Creative Agency. The source illustration was designed by Bronwyn Bancroft and Safe is... was produced with the help of the Australian Government.

1,300 books have been distributed across Queensland

“It made me so proud, as an Indigenous woman, to see something so simple yet powerful and emotional coming out of the mouths of our babes.”

Family support worker’s response to Safe is...

Bronwyn Bancroft and students creating paintings about personal safety for Safe is....
Scoping study points to value of workforce development in sexuality and relationships education

This past year, FPQ published new research on sexuality education in schools. The findings are detailed in Supporting teachers to teach relationships and sexuality education: FPQ workforce development project scoping paper by Dr Deana Leahy and Dr Louise McCuaig, available online at the FPQ Teacher Resource Centre www.fpqteachers.com.au/research/views/

This study, using data from interviews with teachers from two Queensland regional centres identified key themes and issues to help inform future workforce development opportunities. Findings from the study indicate that:

• despite challenges, Queensland teachers continue to deliver sexuality and relationships education (SRE)
• teachers are concerned about the allocation of time to SRE programs and teacher professional development
• teachers seek position statements that highlight data about health risks and also include evidence-based statements validating the effectiveness of SRE in schools.

FPQ hopes to use the study to continue to build upon the services provided to teachers in Queensland schools to meet the sexuality and relationships education needs of teachers and learners. The report provides key recommendations for supporting school teachers in the future.

Evidence validates the importance of sexuality and relationships education

School based sexuality and relationships education (SRE) can be an important and effective way of supporting and developing young people’s knowledge, values and behaviour. There is widespread agreement that formal education should include sexuality and relationships education and what works has been well researched. FPQ’s Evidence briefing series highlights research to validate the importance of SRE. This past year, we added A rationale for providing sexuality and relationships education for students with a disability to this suite of briefings.

FPQ’s Evidence briefing series includes:

• Parents’ views on sexuality and relationships education
• Young people’s views on sexuality and relationships education
• Key factors supporting teachers to deliver sexuality and relationships education
• A rationale for providing sexuality and relationships education for students with a disability

All available for free online at FPQ’s Teacher Resource Centre (TRC) www.fpqteachers.com.au/522/
Simon Blake builds knowledge in sexual health and education

In November, FPQ hosted Simon Blake OBE, to speak at a whirlwind of events across Brisbane. Simon is one of the UK’s leading writers, campaigners, advocates and trainers promoting young people’s sexual health rights. He is the Chief Executive Officer of Brook, the leading young people’s sexual health charity in the UK.

During his visit, Simon spoke at a forum organised by then Commissioner for Children, Young People and Child Guardian, Elizabeth Fraser and the Director of Peakcare Queensland, Lyndsay Wagner on supporting the sexual health needs of children and young people in care.

He also worked with Child and Youth Mental Health Services (CYMHS) Department of Health to present two workshops for front line health workers regarding young people and sexual health, with over 120 health professionals in attendance at the Royal Brisbane Hospital. Simon held another workshop with general practitioners (GPs), nurses and nurse practitioners to expand their skills in working with young people. They addressed issues including talking about what it is that young people need and want, and how to best meet these needs in busy, clinical settings.

FPQ in partnership with the University of Queensland presented a Simon Blake Master Class on sexuality and relationships education (SRE) for nearly 100 Queensland teachers. The Master Class was followed by a panel addressing SRE in Queensland schools, including information related to National Curriculum, SRE in state, independent and faith based schools, legal issues and young peoples’ perspectives. The expert panel included: Professor Doune MacDonald (UQ), Associate Professor Ben Matthews (QUT), Damien Brennan (Education Consultant), Robyn Rosengrave (Department of Education, Training and Employment), Jenene Rosser (Independent Schools Queensland) and Dr Louise McCuaig (Australian Council for Health, Physical Education and Recreation). It was a robust visit, with Simon reaching hundreds of teachers, clinicians, and child protection professionals encouraging thoughtful and inclusive approaches to sexuality and relationships education, personal safety and sexual and reproductive health care.
Spotlight on FPQ publications

FPQ is a centre of excellence in sexual and reproductive health and sexuality and relationships education. Our staff actively pursue opportunities to publish on topics and trends central to our work, particularly when they lead to advances in practice and policy. Here is a sampling of our team’s articles published in the past year.

2012


2013


Conference presentations

Positive Practices 2012 Achieving Human Dignity Symposium, Brisbane, July
Yvonne Black: Get real, be real: talking about sexuality and relationships with adults with a disability

Protective Behaviours Australia National Conference 2012, Brisbane, July
Yvonne Black: Teaching personal safety: talking to children and young people with a disability

Annual Women’s and Children’s Health Conference, Brisbane, July
Caroline Harvey: Hormonal contraception: practical issues

Strong foundations for promising futures, Gold Coast, August
Georgina Livingstone (FPQ) and Lynda Melville (Autism Queensland): Let’s talk about sexuality and relationships with adolescents and adults on the spectrum

Unplanned Pregnancy: Prevention, Responses and Options Conference, Brisbane, September
Caroline Harvey: Long Acting Reversible Contraception

Population Health Congress 2012, Adelaide, September
Claire Rogers: A cross-generational study of contraception and reproductive health among Sudanese and Eritrean women in Brisbane, Australia.

Nestle Seminar for Health Professionals, Gold Coast, September
Sheena Callaghan and Natasha Milner: Human sexuality: health and relationships in the community

Pharmacy Society Australia: Queensland Conference, Gold Coast, September
Caroline Harvey: Contraception: Myths and Misconceptions

YMCA Queensland Youth Parliament conference, Brisbane, September
Judy Graham: Sexuality and relationships education in Queensland schools

National Youth Disability Conference, Melbourne, September
Georgina Livingstone: Rights to reality: resources for sexuality and relationships education

Nestle Seminar for Health Professionals, Toowoomba, October
Robyn Kavanagh and Julie Adrian: Human sexuality: health and relationships in the community

Sexual Health Workshop, Toowoomba, October
Sherelle Iuretigh: Contraception

PHAA and SH&FPA: First National Sexual and Reproductive Health Conference, Melbourne, November
Holly Brennan for Claire Rogers: Sexual and reproductive health communication in Culturally and Linguistically Diverse families

Holly Brennan and Judy Graham: Let’s get real; it doesn’t just start at adolescence: Using Traffic Lights as the building blocks for sexuality and relationships education program development

Caroline Harvey: Increasing access to IUDs: training partnerships

Jo Stewart: What’s touch footy got to do with it? The Sunshine Coast Aboriginal and Torres Strait Islander Young People’s Sexual Health Project tackles social determinants of health head on, including connection with land and culture, education and employment.

Reproductive Health Refresher, Brisbane, February
Caroline Harvey: Long Acting Reversible Contraception: A public health perspective

Kay Strom: Pap tests or HPV tests: where are we heading with cervical cancer prevention?

Sex Essentials, Cairns, February
Dr Kay Haig: I think I’ve got thrush

Child Aware Approaches Conference, Melbourne, April
Judy Graham: Is this normal? What everyone needs to know about child sexual development.

Indigenous Wellness and Wellbeing Conference, Yeppoon, May
Bronwyn Gibbins-White: Family Planning Queensland’s Traffic Lights

DRANZCOG Revision Conference, Brisbane, May
Kay Strom: Contraception: an overview

Building on our great Gympie partnerships Forum, Gympie, May
Jo Stewart: Working in partnership to support FPQ’s intention to improve sexual and reproductive outcomes for Aboriginal & Torres Strait Islander young people in Gympie

First global conference on contraception, reproductive and sexual health, Copenhagen, Denmark, May
Caroline Harvey: Long Acting Reversible Contraception in Australia: time for a change

Deadly Sex Congress, Cairns, May
Jodi Mauro: Women’s session: Pap smears, breast cancer, how to talk with elders about regular screening

Rural Doctors of Australia: Queensland Annual Conference, Mackay, June
Kay Strom and Angela Sinclair-Ford: Women’s Health Workshop
SUMMARISED FINANCIAL REPORT

Family Planning Queensland

(A Company Limited by Guarantee)

ABN 61 009 860 164

Summarised financial report for the year ended 30 June 2013

Overview

The principal activities of the company remained unchanged during the year and were to provide sexual and reproductive health and family planning services in accordance with the Constitution and to ensure all services are adequately funded.

Total revenue decreased by $0.36m (4.2%) to $8.29m compared to 2011/12. This was primarily due to the loss of the Women’s Reproductive Health Services grant from October 2012 and other Queensland Health grants, with the decrease partially dampened by an increase of $0.2m from trading revenue.

Total expenditure reduced by $0.68m to $8.25m compared to 2011/12. The reduction is primarily in staff costs due to reduction in grants resulting in lower staffing requirements and the temporary closure of Townsville clinic to facilitate the introduction of a new integrated and cost-effective service model.

The net effect resulted in a surplus of $40,119 for the period. This compares to a deficit of $274,934 in 2011/12.

With an increased risk associated with ongoing funding and our Reproductive Health Program grant due for review in June 2014, the management team is working to develop a strategic agenda to both diversify income and control the risk.

Our focus in the coming year will be to increase engagement with other community providers both government and nongovernment, and to develop partnerships enabling the establishment of clear pathways for clients to access services that will best serve their needs.

FPQ will continue to deliver sexual and reproductive health through clinical education, clinical services as well as a reference and referral service for the medical network; and to deliver community education from both the professional development perspective and directly to clients and community members.

Operationally, FPQ will continue implementing more advanced technology and communication devices to enable easier access to our services and education which will be of particular benefit for rural and remote communities. This will include webinar, tele-health and online education mediums.

FPQ will also meet an increasing demand to deliver customised programs and projects to address particular issues in specific areas of the state. FPQ will adopt more robust project management methodologies in order to ensure the most efficient and effective outcomes.

In the coming year FPQ will develop and implement systems supporting innovation, enabling more efficient service delivery. In particular the Profile clinical management system will be implemented across all clinics around the state in order to decrease the administrative overheads in clinical management.

FPQ is focussed as a team in delivering outcomes for Queensland that are effective in responding to identified community need.
### Revenue

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<tr>
<td>Individual donations</td>
<td>17,643</td>
<td>0.21%</td>
</tr>
<tr>
<td>Queensland Health Reproductive Health Program</td>
<td>4,584,907</td>
<td>55.29%</td>
</tr>
<tr>
<td>Grants for education and community projects</td>
<td>1,858,781</td>
<td>22.41%</td>
</tr>
<tr>
<td>Clinic revenue</td>
<td>641,415</td>
<td>7.73%</td>
</tr>
<tr>
<td>Interest received</td>
<td>41,668</td>
<td>0.50%</td>
</tr>
<tr>
<td>Course fees</td>
<td>594,150</td>
<td>7.16%</td>
</tr>
<tr>
<td>Other income</td>
<td>300,453</td>
<td>3.62%</td>
</tr>
<tr>
<td><strong>Total revenue</strong></td>
<td><strong>8,292,649</strong></td>
<td><strong>100.00%</strong></td>
</tr>
</tbody>
</table>

**Course fees breakdown:**

<table>
<thead>
<tr>
<th></th>
<th>$</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical</td>
<td>406,733</td>
</tr>
<tr>
<td>Education and community sector</td>
<td>187,417</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>594,150</strong></td>
</tr>
</tbody>
</table>
### Expenditure

<table>
<thead>
<tr>
<th>Expenditure</th>
<th>$</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regional Education Services</td>
<td>1,099,590</td>
<td>13.32%</td>
</tr>
<tr>
<td>Information and Communication Services</td>
<td>208,000</td>
<td>2.52%</td>
</tr>
<tr>
<td>Clinical Services</td>
<td>2,664,506</td>
<td>32.29%</td>
</tr>
<tr>
<td>Education and Community projects</td>
<td>1,853,412</td>
<td>22.46%</td>
</tr>
<tr>
<td>Operational Support Services</td>
<td>1,032,780</td>
<td>12.51%</td>
</tr>
<tr>
<td>Operations</td>
<td>1,394,242</td>
<td>16.89%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>8,252,530</strong></td>
<td><strong>100.00%</strong></td>
</tr>
</tbody>
</table>

Operations includes:
- Facilities
- Insurance and professional fees
- Utilities
- Telecommunications
This Summarised Financial Report is an extract from the financial report. The financial statements and specific disclosures included in the Summarised Financial Report have been derived from the financial report. The Summarised Financial Report cannot be expected to provide as full an understanding of the financial performance, financial position and financing and investing activities of the company as the financial report. Further financial information can be obtained from the complete financial report which is available, free of charge, upon request to Family Planning Queensland at info@fpq.com.au.
STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2013

<table>
<thead>
<tr>
<th></th>
<th>2013</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Revenue</td>
<td>8,292,649</td>
<td>8,656,933</td>
</tr>
<tr>
<td>Change in inventory of finished goods</td>
<td>(13,348)</td>
<td>14,528</td>
</tr>
<tr>
<td>Raw materials and consumables used</td>
<td>(201,386)</td>
<td>(239,999)</td>
</tr>
<tr>
<td>Employee benefits expense</td>
<td>(6,234,745)</td>
<td>(6,627,407)</td>
</tr>
<tr>
<td>Course expenses</td>
<td>(132,263)</td>
<td>(118,500)</td>
</tr>
<tr>
<td>Depreciation and amortisation expense</td>
<td>(153,396)</td>
<td>(149,880)</td>
</tr>
<tr>
<td>Insurance</td>
<td>(91,647)</td>
<td>(88,111)</td>
</tr>
<tr>
<td>Professional fees</td>
<td>(146,597)</td>
<td>(144,243)</td>
</tr>
<tr>
<td>Rent, rates, repairs and maintenance</td>
<td>(451,791)</td>
<td>(471,961)</td>
</tr>
<tr>
<td>Staff training and recruitment</td>
<td>(26,989)</td>
<td>(57,998)</td>
</tr>
<tr>
<td>Telecommunications</td>
<td>(78,831)</td>
<td>(84,436)</td>
</tr>
<tr>
<td>Travel costs</td>
<td>(36,532)</td>
<td>(83,821)</td>
</tr>
<tr>
<td>Other expenses</td>
<td>(685,005)</td>
<td>(880,039)</td>
</tr>
<tr>
<td><strong>Surplus (Deficit) before income tax</strong></td>
<td>40,119</td>
<td>(274,934)</td>
</tr>
<tr>
<td>Income tax expense</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Surplus (Deficit) for the year</strong></td>
<td>40,119</td>
<td>(274,934)</td>
</tr>
<tr>
<td>Other comprehensive income</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Total comprehensive income (Deficit)</strong></td>
<td>40,119</td>
<td>(274,934)</td>
</tr>
</tbody>
</table>
# STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2013

<table>
<thead>
<tr>
<th></th>
<th>2013</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Current assets</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash and cash equivalents</td>
<td>1,282,048</td>
<td>1,087,182</td>
</tr>
<tr>
<td>Trade and other receivables</td>
<td>169,965</td>
<td>99,148</td>
</tr>
<tr>
<td>Inventories</td>
<td>101,528</td>
<td>114,876</td>
</tr>
<tr>
<td>Other current assets</td>
<td>60,025</td>
<td>182,871</td>
</tr>
<tr>
<td><strong>Total current assets</strong></td>
<td>1,613,566</td>
<td>1,484,077</td>
</tr>
<tr>
<td>Non current assets</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Property, plant and equipment</td>
<td>2,769,566</td>
<td>2,866,443</td>
</tr>
<tr>
<td>Intangible assets</td>
<td>24,718</td>
<td>25,570</td>
</tr>
<tr>
<td><strong>Total non current assets</strong></td>
<td>2,794,284</td>
<td>2,892,013</td>
</tr>
<tr>
<td><strong>Total assets</strong></td>
<td>4,407,850</td>
<td>4,376,090</td>
</tr>
</tbody>
</table>

| **Liabilities**             |            |            |
| Current liabilities         |            |            |
| Trade and other payables    | 1,557,070  | 1,591,269  |
| Interest bearing liabilities| 81,097     | 46,322     |
| Short-term provisions       | 439,503    | 345,180    |
| **Total current liabilities**| 2,077,670  | 1,982,771  |

| Non current liabilities     |            |            |
| Interest bearing liabilities| 1,178,197  | 1,263,627  |
| Long-term provisions        | 52,162     | 69,990     |
| **Total non current liabilities**| 1,230,359  | 1,333,617  |
| **Total liabilities**       | 3,308,029  | 3,316,388  |
| **Net assets**              | 1,099,821  | 1,059,702  |

| **Equity**                  |            |            |
| Accumulated surplus         | 1,099,821  | 1,059,702  |
| **Total equity**            | 1,099,821  | 1,059,702  |
### STATEMENT OF CHANGES IN EQUITY FOR YEAR ENDED 30 JUNE 2013

<table>
<thead>
<tr>
<th></th>
<th>Accumulated Surplus</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Balance at 1 July 2011</strong></td>
<td>1,334,636</td>
<td>1,334,636</td>
</tr>
<tr>
<td><strong>Surplus/ Deficit for the year</strong></td>
<td>(274,934)</td>
<td>(274,934)</td>
</tr>
<tr>
<td><strong>Balance at 30 June 2012</strong></td>
<td>1,059,702</td>
<td>1,059,702</td>
</tr>
<tr>
<td><strong>Surplus / Deficit for the year</strong></td>
<td>40,119</td>
<td>40,119</td>
</tr>
<tr>
<td><strong>Balance at 30 June 2013</strong></td>
<td>1,099,821</td>
<td>1,099,821</td>
</tr>
</tbody>
</table>
**SUMMARISED FINANCIAL REPORT**

**FAMILY PLANNING QUEENSLAND**  
ABN 61 009 860 164  
(A Company Limited by Guarantee)

**CASH FLOW STATEMENT FOR THE YEAR ENDED 30 JUNE 2013**

<table>
<thead>
<tr>
<th></th>
<th>2013</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Cash flows from operating activities:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Receipts from trading</td>
<td>2,263,678</td>
<td>1,814,907</td>
</tr>
<tr>
<td>Receipts from grants</td>
<td>6,872,928</td>
<td>7,448,103</td>
</tr>
<tr>
<td>Interest received</td>
<td>41,668</td>
<td>61,855</td>
</tr>
<tr>
<td>Payments to suppliers and employees</td>
<td>(8,896,265)</td>
<td>(9,287,941)</td>
</tr>
<tr>
<td><strong>Net cash provided by / (used in) operating activities</strong></td>
<td>282,009</td>
<td>36,924</td>
</tr>
</tbody>
</table>

| **Cash flows from investing activities:** |       |       |
| Payment for plant, property and equipment | (35,648) | (111,936) |
| Proceeds from sale of plant, property and equipment | - | - |
| **Net cash used in investing activities** | (35,648) | (111,936) |

| **Cash flows from financing activities:** |       |       |
| Proceeds from borrowings | - | - |
| Repayment of borrowings   | (51,495) | (43,267) |
| **Net cash used in financing** | (51,495) | (43,267) |

| **Net increase/(decrease) in cash held** | 194,865 | (118,279) |
| **Cash at beginning of the financial year** | 1,087,182 | 1,205,461 |
| **Cash at the end of the financial year** | 1,282,048 | 1,087,182 |
FAMILY PLANNING QUEENSLAND
(A Company Limited by Guarantee)
ABN 61 009 860 164

DIRECTORS DECLARATION
For the Financial Year ended 30 June 2013

The directors of the company declare that:

1. The summarised financial report is comprised of the summary of financial position as at 30 June 2013, the summary statement of profit and loss and other comprehensive income, the statement of financial position, the statement of changes in equity and cash flow statement for the year then ended, and was derived from the full financial report of Family Planning Queensland for the year ended 30 June 2013. The full financial report was prepared in accordance with the Corporations Act 2001 to give a true and fair view of the financial position of the company at 30 June 2013 and of the performance for the year ended on that date.

2. In the directors' opinion there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable. In the making of this statement the directors have taken into consideration the matters detailed in Note 17 of the financial report and in the Directors' Report.

3. The summarised financial report cannot be expected to provide as full an understanding of the financial performance, financial position and finance and investing activities of the company as the full financial report, which is available on request by calling 07 3250 0240 or emailing info@fpq.com.au.

This declaration is made in accordance with a Resolution of the Board of Directors.

Helen Moore – Chairperson

Dated: 10 October 2013
INDEPENDENT AUDITOR’S REPORT

To the Members of Family Planning Queensland

We have audited the accompanying summarised financial report of Family Planning Queensland, comprising the summary of financial position as at 30 June 2012, the summary statement of comprehensive income, the statement of changes in equity and the statement of cash flows for the year then ended, which was derived from the financial report of Family Planning Queensland for the year ended 30 June 2013. We expressed an unmodified auditor’s opinion on that financial report in our auditor’s report dated 10 October 2013.

Directors’ Responsibility for the Summarised Financial Report

The directors of the company are responsible for the preparation of the summarised financial report that gives a true and fair view in accordance with Australian Accounting Standards and the Corporations Act 2001 and for such internal control as the directors determine is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

Auditor’s Responsibility

Our responsibility is to express an opinion on the summarised financial report based on our audit. We conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance about whether the summarised financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the summarised financial report. The procedures selected depend on the auditor’s judgement, including the assessment of the risks of material misstatement of the summarised financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the company’s preparation of the summarised financial report that gives a true and fair view in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company’s internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the directors, as well as evaluating the overall presentation of the summarised financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.
Who we are

Our staff make a significant contribution to our vision and purpose every day. Following is a listing of those staff members who have been a part of the FPQ family in the past year. Their dedication is gratefully appreciated.

25-30 Years Service
Karen Stirling
Kay Haig
Lynette Ford

20-25 Years Service
Fiona Mack
Heather Lawson
Holly Brennan
Jo Stewart

15-20 Years Service
Maxine Ketchell
Melanie Grabski
Nancy Schramond
Rita Schramann
Sonya Megram

10-15 Years Service
Angela Wunsch
Caroline Harvey
Cecelia Gore
Danielle Haller
Diana Earl
Jodi Mauro
Julie Adrian
Kay Strom
Kerry Smith
Maryna Brands
Michael Rahe
Odette Tewfik
Vivienne Taylor

5-10 Years Service
Angela Sinclair-Ford
Anthony Walsh
Caroline Hill-Murray
Charlotte Woolley
Chee Young
Clare Oppy
Ellie McAlister
Elvira Salom
Erin MacDonald
Fiona Smith
Georgia Hughes
Georgia Livingstone
Heather Sinclair
Heather Pageant
Helen Wiltshire
Helen Crabtree-Spencer
Jacqui McLellan
Janelle Croft
Jillian Griffin
Judith Graham
Julie Todhunter
Karen Murdoch
Kymberlee Wilson
Lisa Harrison
Liz Schuler
Mandy Stephens
Marina Leonor
Martyn Hyatt
Mary-Jane Stanley
Melissa Bates
Michelle McNamara
Miranda Kingston
Rachel Hanlick
Rhonda Batic
Robyn Kavanagh
Robyn Wearne
Rowena Prentice
Sherelle Iuretigh
Shirley Chapman
Sue Cordell
Thecla Kitas
Tina Amies
Tracey Carr
Vonda McDougall
Wendy Bingham
Yvonne Black

Up To 5 Years Service
Alana Richardson
Alice Kupara
Alice Evans
Allyson Always
Amanda Birt
Amy Kilford
Ana De Los Reyes
Analyn Wood
Angela Johnson
Anne Carol Cox
Ashwag Mohamed
Asti Baker
Avau Iese
Bronwyn Gibbins-White
Carol Doneathy
Carol Burrow
Cathy Clancy
Christine Barry
Christine Humphreys
Chyrel Moyle
Cindy Fiske
Claire Rogers
Daniella Fraser
Debbie Tennett
Diana Bernard
Diane Beesley
Donna Jackson
Edith Santos
Eileen Gordon
Emily Farrell
Genelle Spencer
Ian Mawson
Jacqui Mein
Jan Gale
Janelle Weissman
Jill Kelly
Jillian McCabe
Jillian Purdie
Jo McCarthy
Joanne Leamy
Joanne Maclean
Josephine Curr
Jovanka Kosa-Dana
Julie Martin
Karen Hudson
Karen Wright
Kate Wilson
Kathryn Webb
Katie Keast
Katya Groeneveld
Keita Lilwell
Kim De Lacey
Kim Minniecon
Kymberly Kay
Lauren Smith
Leslie Hawkins
Lisa Hendry
Margaret Logan
Marguerite Westacott
Marnie Roberts
Maryanne Hambrecht
Megan Wyland
Milena Barbagallo
Najet Charnley
Nara Crotty
Natasha Milner
Natasha Middlebrough
Nicci Reynolds
Nivine Farage
Paula Runnals
Peggy Wong
Rachael Brennan
Rebecca Stewart
Saba Abraham
Sally Page
Sandra Drury
Sara Maloney
Sarah Shaw
Sarah Groundwater
Shannon Rees
Shanthie Goonetilleke
Sheena Callaghan
Sheryl Petersen
Simone Peacock
Susan Richardson
Susan Bebington
Suzanne Todman
Torie Dodd
Trisha Harte
Tsitsi Maphosa
Umesh Prasad
Wendy Brodribb
BRISBANE
100 Alfred Street
Fortitude Valley QLD 4006
(PO Box 215, Fortitude Valley QLD 4006)
Clinic phone: (07) 3250 0200
Education/Administration phone: (07) 3250 0240
Email: info@fpq.com.au
www.fpq.com.au

GOLD COAST
Education services only (no clinic)
7 Short St, Level 3
Southport QLD 4215
(PO Box 1733, Southport MC QLD 4215)
Phone: (07) 5531 2636
Email: gcoastedu@fpq.com.au

IPSWICH
Shop 5/54 Limestone Street
Ipswich QLD 4305
(PO Box 429, Ipswich QLD 3405)
Phone: (07) 3281 4088
Clinic email: ipsclinic@fpq.com.au
Education email: ipseducation@fpq.com.au

ROCKHAMPTON
83 Bolsover Street
Rockhampton QLD 4700
(PO Box 11, Rockhampton QLD 4700)
Clinic phone: (07) 4927 3999
Clinic email: rckclinic@fpq.com.au
Education phone: (07) 4921 3655
Education email: rockhamptonedu@fpq.com.au

SUNSHINE COAST
Education services only (no clinic)
Suite 4, 43-45 Primary School Court
Maroochydore QLD 4558
(PO Box 674, Maroochydore QLD 4558)
Phone: (07) 5479 0755
Email: scoastedu@fpq.com.au

TOOWOOMBA
First floor
4 Duggan Street
Toowoomba QLD 4350
(PO Box 3361, Toowoomba Village Fair QLD 4350)
Clinic phone: (07) 4632 8166
Clinic email: twbclinic@fpq.com.au
Education phone: (07) 4632 8166
Education email: twbedu@fpq.com.au

BUNDABERG
Education services only (no clinic)
Thabeban State School
270 Goodwood Road
Bundaberg QLD 4670
(PO Box 4152, Bundaberg South PO QLD 4670)
Phone: (07) 4151 1556
Email: bundabergedu@fpq.com.au

CAIRNS
Ground Floor Solander Centre
182 Grafton Street
Cairns QLD 4870
(PO Box 1678, Cairns QLD 4870)
Clinic phone: (07) 4051 3788
Clinic email: cnsadmin@fpq.com.au
Education phone: (07) 4031 2232
Education email: cnsedu@fpq.com.au
Sexual assault phone: (07) 4031 3590
Sexual assault email: cnssexualassault@fpq.com.au

TOWNSVILLE
Suite 2, 5 Castlemaine Street
Kirwan QLD 4817*
(PO Box 4067, Kirwan QLD 4817)
Clinic phone: (07) 4723 8184
Clinic email: tvlclinic@fpq.com.au
Education phone: (07) 4723 6597
Education email: tvledu@fpq.com.au

*Our clinic in Kirwan closed in November 2012.