

## The True All School Program

### Learning about relationships and sexuality

Children and young people who receive comprehensive sexuality education and respectful relationships education (inclusive of sexual abuse prevention education) from an early age are more likely to:

- Feel good about themselves
- Understand and accept changes
- Appreciate and accept individual differences
- Are more likely to make informed and responsible sexual decisions later in life
- Are less vulnerable to sexual abuse
- Understand appropriate and inappropriate behaviour
- Talk about their feelings and experiences

### Mapped to the Australian National Curriculum

Relationships and sexuality education is an important curriculum responsibility for schools. The True All School program is evidence informed and mapped to the national curriculum for Prep to Year 10. Year 11 & 12 programs support students to develop 21st century skills in line with the Queensland Curriculum & Assessment Authority (QCAA) senior syllabus.

### True's approach

True's approach to education involves respectful facilitation, free of discrimination and mindful of the diversity that exists in different relationships and families. All program content and activities are age-appropriate and align with the curriculum.

### Flexibility

The All School program can be tailored to address local circumstances.

## Leader in relationships and sexuality education

The True All School program is Australia's leading relationships and sexuality education (RSE) program.

The program has been developed for the needs of Australian schools and families, backed by True's 40+ years of experience.

### contact us

#### Queensland wide

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For more information,  
pricing and locations, please visit  
[true.org.au/education/allschool](http://true.org.au/education/allschool)



## All School Program

## Secondary Years 11-12

## Years 11 to 12

### Transitioning to Adulthood

This program involves discussion to help young people navigate sexual relationships, make healthy choices and learn where they can access reliable health information and services. It includes information on safe partying and how to keep safe. The program includes a discussion on the legal age for different activities and being responsible.

#### Focus Areas

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- Respectful relationships
- Consent
- Contraception and STIs
- Safe partying
- How to access services
- Myths
- Q & A

#### Structure

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- 1 x 60 minute session
- Sessions are delivered by a True educator
- The program includes a variety of interactive experiences for students, including class discussion and a condom demonstration

## Parents and carers

The parent information session helps parents to initiate and continue conversations with their children around sexuality and the many changes involved. The program helps to build expertise in the delivery of information and answering of questions to support ongoing, open communication at home.

#### Focus Areas

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- Developing bodies
- Changing relationships
- Talking to young people about bodies and relationships
- How to answer questions

#### Structure

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- 1 x 60 minute session
- Sessions are delivered by a True educator



All sessions are in line with the Queensland Curriculum & Assessment Authority (QCAA) senior syllabus.

