

## The True All School Program

## Leader in relationships and sexuality education

### Learning about relationships and sexuality

Children and young people who receive comprehensive sexuality education and respectful relationships education (inclusive of sexual abuse prevention education) from an early age are more likely to:

- Feel good about themselves
- Understand and accept changes
- Appreciate and accept individual differences
- Are more likely to make informed and responsible sexual decisions later in life
- Are less vulnerable to sexual abuse
- Understand appropriate and inappropriate behaviour
- Talk about their feelings and experiences

### Mapped to the Australian National Curriculum

Relationships and sexuality education is an important curriculum responsibility for schools. The True All School program is evidence informed and mapped to the National Curriculum for Prep to Year 10. Year 11 and 12 programs support students to develop 21<sup>st</sup> century skills in line with the Queensland Curriculum & Assessment Authority (QCAA) senior syllabus.

### True's approach

True's approach to education involves respectful facilitation, free of discrimination and mindful of the diversity that exists in different relationships and families. All program content and activities are age-appropriate and align with the curriculum.

### Flexibility

The All School program can be tailored to address local circumstances.

The True All School program is Australia's leading relationships and sexuality education (RSE) program.

The program has been developed for the needs of Australian schools and families, backed by True's 40+ years of experience.

### contact us

#### Queensland wide

Level 2, 230 Lutwyche Road  
Windsor Q 4030

- ☎ (07) 3250 0280
- ✉ [schools@true.org.au](mailto:schools@true.org.au)
- 🌐 [true.org.au/education/allschool](http://true.org.au/education/allschool)

For more information,  
pricing and locations, please visit  
[true.org.au/education/allschool](http://true.org.au/education/allschool)



## All School Program

### Lower Primary Prep to Year 3



## Prep to Year 3

Children are sexual beings from the moment they are born and their sexuality continues to develop throughout life. Whilst parents and carers are children's primary source of relationships and sexuality education, supporting children's healthy sexual development is a responsibility that is shared by schools and parents and carers.

### Keep Me Safe

Keep Me Safe teaches personal safety to young students in a healthy, positive way. It commences in Prep with the introductory lesson and builds on key focus areas through to the advanced lesson in Year 3. The focus areas at each level remain the same but the activities and structure change as children develop their understanding and literacy.

#### Focus Areas

- Helping students to identify types of touch
- Recognise and name external public and private body parts
- Developing an understanding of feelings
- Helping students to identify their personal safety network
- Includes the I have the right to be safe booklet for students to take home and discuss with parents

#### Structure

- 2 x 30 minute sessions
- The program includes a variety of interactive experiences for students to enjoy, including class discussion, story time and colouring-in.

## Students, teachers and families

### Students, teachers and families

Schools, parents and carers work together to support children and young people to learn about relationships and sexuality.

True can deliver professional development for teachers to help them to continue addressing relationships and sexuality education topics in the classroom.

Schools can also arrange sessions for parents and carers to support their child's learning and to support ongoing, open communication at home.



All sessions mapped to the Australian National Curriculum