



# FREE HEALTH EDUCATION SESSIONS FOR MULTICULTURAL WOMEN

For anyone over 18 years old.

LEARN ONLINE OR IN PERSON ABOUT:

Understanding the health system

Contraception choices

Safer sex

Pregnancy choices

Understanding menopause

Talk about Health with a friendly  
educator who speaks your language:

Karen

Hindi

Nepali

Mandarin

Somali

Samoan

Farsi/Persian

To book,  
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